

Dance - Ballet Emphasis, B.F.A.

The BFA in Dance with an emphasis in Ballet at Utah Valley University offers a rigorous program grounded in technique, performance, and choreography that is approached through a historical, somatic, scientific, and theoretical lens. The common core curriculum provides a broad knowledge base that supports the Ballet Program's specialized courses. Performance opportunities include- Repertory Ballet Ensemble (RBE), a pre-professional performing ensemble that has earned a notable reputation for their presentation of classical and contemporary choreography, Utah Metropolitan Ballet (UMB) a professional ballet company in residence at UVU, and Senior Capstone concerts, which culminates students' learning. The UVU Ballet Program provides ongoing opportunities for students to work with national and international guest artists. In addition, opportunities exist for students to participate in academic conferences and regional festivals, such as the American College Dance Association Conference, the Utah Conference of Undergraduate Research and the National Conference of Undergraduate Research.

Matriculation Requirements

1. Completion DANC 2110 Orientation to Dance FF, and DANC 2330 Improvisation with B- or higher. Ballet emphasis: Completion of DANC 227R Ballet Technique and Theory II (2 semesters), with a grade of B- or better. Modern emphasis: Completion of DANC 143R Modern/Contemporary Dance Technique and Theory I/Semester I and DANC 144R Modern/Contemporary Dance Technique and Theory I/Semester II with a B- or better.
2. Pass audition, interview, and portfolio review with faculty members.
3. Cumulative GPA of 2.75 or higher.

Program Requirements

Code	Title	Credit Hours
Total Credit Hours		120
Dance Requirements		72 Credits
Complete the requirements		72
Emphasis Requirements		48 Credits
DANC 221R or DANC 222R	Pointe II (1) (two semesters required) Allegro Dance II	2
DANC 225R	Character Dance I	1
DANC 321R or DANC 322R	Pointe III (1) (two semesters required) Allegro Dance III	2
DANC 327R	Ballet Technique and Theory III (four semesters in Level III or higher)	12
Complete one of the following (four semesters required):		4
DANC 421R	Pointe IV (1)	
DANC 423R	Specialized Techniques in Ballet (1)	
DANC 422R	Allegro Dance IV (1)	
DANC 424R	Partnering (1)	1
DANC 425R or DANC 429R	Repertory Ballet Ensemble (3) (two semesters required total) Ballet Repertoire	6
DANC 3340	Ballet Choreography	2
DANC 427R or DANC 428R	Ballet Technique and Theory IV (two semesters in Level IV or higher) Ballet Technique V	6
DANC 4260	Ballet Pedagogy	3
Emphasis Elective Requirements:		
Choose 6 credits from the following:		6
DANC 151R	Intermediate Jazz Dance (1)	
DANC 170R	American Social Dance I (1)	
DANC 171R	International Ballroom Dance I (1)	
DANC 172R	Latin Ballroom Dance I (1)	
DANC 2260	Performance Practices in Ballet (1)	
DANC 3610	Intermediate Dance Conditioning and Injury Prevention (2)	
DANC 365R	Advanced Fundamentals of Movement (2)	
DANC 3670	Movement Analysis (3)	

DANC 425R	Repertory Ballet Ensemble (3)	
DANC 429R	Ballet Repertoire (3) (repeatable for 9 semesters)	
THEA 1033	Acting I FF (3)	
Any DANC course not previously taken.		
Complete 3 credits from any course(s) 1000 level or higher (Students must have 40 upper division credits hours to graduate.)		3

Core Requirements

Code	Title	Credit Hours
Total Credit Hours		72
General Education Requirements		33 Credits
ENGL 1010	Introduction to Academic Writing CC	3
or ENGH 1005	Literacies and Composition Across Contexts CC	
ENGL 2010	Intermediate Academic Writing CC	3
Choose one of the following:		3
MAT 1030	Quantitative Reasoning QL (3)	
MAT 1035	Quantitative Reasoning with Integrated Algebra QL (6)	
Choose one of the following:		3
HIST 2700 & HIST 2710	US History to 1877 AS and US History since 1877 AS (6)	
HIST 1700	American Civilization AS (3)	
POLS 1000	American Heritage AS (3)	
POLS 1100	American National Government AS (3)	
HIST 1740	US Economic History AS (3)	
Complete the following:		
PHIL 2050	Ethics and Values IH	3
Distribution Courses:		
BIOL 1010	General Biology BB (required prerequisite for ZOO 1090)	3
DANC 2110	Orientation to Dance FF (Fine Arts)	3
Humanities		3
Physical Science		3
Social/Behavioral Science		3
ZOO 1090	Introduction to Human Anatomy and Physiology BB (fulfills additional Biology or Physical Science)	3
Discipline Core Requirements		39 Credits
DANC 127R or DANC 227R	Ballet Technique and Theory I (3)	6
DANC 143R	Modern/Contemporary Dance Technique and Theory I/Semester I	3
DANC 144R	Modern/Contemporary Dance Technique and Theory I/Semester II	3
DANC 161R	Dance Conditioning	1
DANC 2330	Improvisation	1
DANC 2340	Composition	2
DANC 256G	Dance as a Cultural Practice I GI	3
DANC 265R	Fundamentals of Movement	2
DANC 2670	Introduction to Laban Studies	2
DANC 3140	Dance Production and Lighting	2
DANC 3630	Dance as a Cultural Practice II WE	3
DANC 3680	Dance Kinesiology	4
DANC 4350	Senior Capstone I WE	2
DANC 4360	Senior Capstone II	2
DANC 4880	Current Issues in Dance	3

Graduation Requirements

1. Completion of a minimum of 120 semester credits; a minimum of 40 credits must be upper division.
2. Overall GPA of 2.0 (C) or above.
3. Overall GPA of 2.5 or above in all DANC courses.
4. Residency hours: minimum of 30 credit hours through course attendance at UVU, with at least 10 hours earned in the last 45 hours.
5. Completion of GE and specified departmental requirements.
6. Successful completion of at least one Global/Intercultural course.

Graduation Plan

This graduation plan is a sample plan and is intended to be a guide. Your specific plan may differ based on your Math and English placement and/or transfer credits applied. You are encouraged to meet with an advisor and set up an individualized graduation plan in Wolverine Track (<http://www.uvu.edu/wolverinetrack/>).

First Year

Semester 1		Credit Hours
DANC 2110	Orientation to Dance FF	3
DANC 127R or DANC 227R	Ballet Technique and Theory I or Ballet Technique and Theory II	3
DANC 221R or DANC 222R	Pointe II or Allegro Dance II	1
DANC 143R	Modern/Contemporary Dance Technique and Theory I/Semester I	3
ENGL 1010 or ENGH 1005	Introduction to Academic Writing CC or Literacies and Composition Across Contexts CC	3
MAT 1030 or MAT 1035	Quantitative Reasoning QL or Quantitative Reasoning with Integrated Algebra QL	3
Credit Hours		16

Semester 2

DANC 2330	Improvisation	1
DANC 227R	Ballet Technique and Theory II	3
DANC 221R or DANC 222R	Pointe II or Allegro Dance II	1
DANC 161R	Dance Conditioning	1
DANC 144R	Modern/Contemporary Dance Technique and Theory I/Semester II	3
ENGL 2010	Intermediate Academic Writing CC	3
Elective		2
Credit Hours		14

Second Year

Semester 3

DANC 265R	Fundamentals of Movement	2
DANC 2340	Composition	2
DANC 327R	Ballet Technique and Theory III	3
DANC 321R or DANC 322R	Pointe III or Allegro Dance III	1
PHIL 2050	Ethics and Values IH	3
American Institution Distribution		3
Elective		1
Credit Hours		15

Semester 4

DANC 327R	Ballet Technique and Theory III	3
DANC 321R or DANC 322R	Pointe III or Allegro Dance III	1
DANC 424R	Partnering	1
DANC 256G	Dance as a Cultural Practice I GI	3
DANC 2670	Introduction to Laban Studies	2
BIOL 1010	General Biology BB	3
Elective		3
Credit Hours		16

Third Year

Semester 5

DANC 427R	Ballet Technique and Theory IV	3
-----------	--------------------------------	---

4 Dance - Ballet Emphasis, B.F.A.

DANC 421R or DANC 422R	Pointe IV or Allegro Dance IV	1
DANC 225R	Character Dance I	1
DANC 4260	Ballet Pedagogy	3
DANC 3630	Dance as a Cultural Practice II WE	3
ZOOL 1090	Introduction to Human Anatomy and Physiology BB	3
Elective		1
Credit Hours		15
Semester 6		
DANC 427R	Ballet Technique and Theory IV	3
DANC 421R or DANC 422R	Pointe IV or Allegro Dance IV	1
DANC 3340	Ballet Choreography	2
DANC 424R	Partnering	1
Electives		1
DANC 3140	Dance Production and Lighting	2
DANC 3680	Dance Kinesiology	4
Credit Hours		14
Fourth Year		
Semester 7		
DANC 427R	Ballet Technique and Theory IV	3
DANC 421R or DANC 422R	Pointe IV or Allegro Dance IV	1
DANC 425R	Repertory Ballet Ensemble	3
DANC 4350	Senior Capstone I WE	2
DANC 4880	Current Issues in Dance	3
Physical Science Distribution		3
Credit Hours		15
Semester 8		
DANC 427R	Ballet Technique and Theory IV	3
DANC 421R or DANC 422R	Pointe IV or Allegro Dance IV	1
DANC 425R	Repertory Ballet Ensemble	3
DANC 4360	Senior Capstone II	2
Social/Behavioral Science Distribution		3
Humanities Distribution		3
Credit Hours		15
Total Credit Hours		120

Program Learning Outcomes

1. Applicable knowledge base in somatic practices that enhance performance and technique including, Laban Movement Analysis, Bartenieff Fundamentals, Advanced Movement Analysis, and Dance Conditioning.
2. Level 2 technical competency in Character Dance, Jazz, and Modern.
3. Ability to generate original movement material and create well-crafted and meaningful choreography.
4. Pre-professional or professional performance skills.
5. Written and oral communication skills specific to the field of dance.
6. Fluency in a variety of traditional and contemporary ballet techniques and styles.
7. Level 4 Technical competency in Pointe (Women) or (Men's class Men).
8. Advanced Level competency in applying concepts of music to Ballet and dance in general.