

Dance - Modern Dance Emphasis, B.F.A.

The Modern/Contemporary Dance Program in UVU's Department of Dance is a rigorous program that provides dance training for BFA students with a strong foundation in technique and choreography. This daily physical practice merges with serious scholarly study of dance in its historical, somatic, theoretical, scientific, pedagogical, and cultural contexts. The rigorous course study of the BFA in Modern/Contemporary Dance prepares the next generation of dance artists and scholars for myriad career opportunities. The Modern/Contemporary Dance Program provides opportunities for students to work with nationally and internationally recognized guest artists on a yearly basis, to participate in study abroad programs, and to work alongside faculty mentors in scholarly and creative research. Performance opportunities include Contemporary Dance Ensemble (CDE) a pre-professional level modern dance company and upper division course; Synergy Dance Company, which produces student and guest artists work in concert; and Senior Capstone Concerts. The Modern/Contemporary Program participates annually in the American College Dance Association conference and has been selected to perform at the national festival held at the Kennedy Center for the Performing Arts in Washington D.C. Dance majors also participate in several academic conferences and regional festivals including the Utah Conference of Undergraduate Research and the National Conference of Undergraduate Research. Students graduating from the UVU Modern/Contemporary Dance Program are prepared to enter the world as artists, teachers, performers, choreographers, critical thinkers, problem solvers, and engaged human beings.

Matriculation Requirements

1. Completion DANC 2110 Orientation to Dance FF, and DANC 2330 Improvisation with B- or higher. Ballet emphasis: Completion of DANC 227R Ballet Technique and Theory II (2 semesters), with a grade of B- or better. Modern emphasis: Completion of DANC 143R Modern/Contemporary Dance Technique and Theory I/Semester I and DANC 144R Modern/Contemporary Dance Technique and Theory I/Semester II with a B- or better.
2. Pass audition, interview, and portfolio review with faculty members.
3. Cumulative GPA of 2.75 or higher.

Program Requirements

Code	Title	Credit Hours
Total Credit Hours		120
Dance Requirements		72
Complete the requirements		72
Emphasis Requirements		48
		Credits
DANC 243R	Modern/Contemporary Dance Technique and Theory Level II /Semester I	3
DANC 244R	Modern/Contemporary Dance Technique and Theory Level II/Semester II	3
DANC 3160	Dance Accompaniment	2
DANC 3330	Modern Dance Workshop	2
DANC 3350	Choreography	2
DANC 3400	Dance in the Elementary School XF	2
DANC 341R	Modern/Contemporary Dance Technique and Theory Level III/ Semester I	3
DANC 342R	Modern/Contemporary Dance Technique and Theory Level III/ Semester II	3
DANC 3450	Modern/Contemporary Dance Teaching Methods	3
DANC 365R	Advanced Fundamentals of Movement (1)	2
or DANC 3670	Movement Analysis	
DANC 441R	Modern/Contemporary Dance Technique and Theory Level IV/Semester I	3
DANC 442R	Modern/Contemporary Dance Technique and Theory Level IV/ Semester II	3
Complete 6 credits from the following list:		6
DANC 346R	Synergy Dance Company (3)	
DANC 360R	Esprit d c (3)	
DANC 446R	Contemporary Dance Ensemble (3)	
Choose one of the following:		1
DANC 150R	Beginning Jazz Dance (1)	
DANC 151R	Intermediate Jazz Dance (1)	
or DANC 250R	Advanced Jazz Dance	
DANC 156R	African Dance I (1)	
DANC 159R	Hip Hop I (1)	

DANC 160R	Hip Hop II (1)	
DANC 162R	Polynesian Dance I (1)	
Emphasis Elective Requirements:		
Choose 7 credits from the following list:		7
DANC 158R	Tap Dance I (1)	
DANC 170R	American Social Dance I (1)	
DANC 171R	International Ballroom Dance I (1)	
DANC 172R	Latin Ballroom Dance I (1)	
DANC 248R	Special Topics In Dance (2)	
DANC 256R	African Dance II (1)	
DANC 327R	Ballet Technique and Theory III (3)	
DANC 3610	Intermediate Dance Conditioning and Injury Prevention (2)	
DANC 365R	Advanced Fundamentals of Movement (2)	
DANC 3670	Movement Analysis (3)	
DANC 442R	Modern/Contemporary Dance Technique and Theory Level IV/ Semester II (3)	
Any DANC course not previously taken		
Complete 3 credits from any Department (Students must have 40 upper division credit hours to graduate.)		3

Core Requirements

Code	Title	Credit Hours
Total Credit Hours		72
General Education Requirements		33 Credits
ENGL 1010 or ENGH 1005	Introduction to Academic Writing CC Literacies and Composition Across Contexts CC	3
ENGL 2010	Intermediate Academic Writing CC	3
Choose one of the following:		3
MAT 1030	Quantitative Reasoning QL (3)	
MAT 1035	Quantitative Reasoning with Integrated Algebra QL (6)	
Choose one of the following:		3
HIST 2700 & HIST 2710	US History to 1877 AS and US History since 1877 AS (6)	
HIST 1700	American Civilization AS (3)	
POLS 1000	American Heritage AS (3)	
POLS 1100	American National Government AS (3)	
HIST 1740	US Economic History AS (3)	
Complete the following:		
PHIL 2050	Ethics and Values IH	3
Distribution Courses:		
BIOL 1010	General Biology BB (required prerequisite for ZOO 1090)	3
DANC 2110	Orientation to Dance FF (Fine Arts)	3
Humanities		3
Physical Science		3
Social/Behavioral Science		3
ZOOL 1090	Introduction to Human Anatomy and Physiology BB (fulfills additional Biology or Physical Science)	3
Discipline Core Requirements		39 Credits
DANC 127R or DANC 227R	Ballet Technique and Theory I (3) Ballet Technique and Theory II	6
DANC 143R	Modern/Contemporary Dance Technique and Theory I/Semester I	3
DANC 144R	Modern/Contemporary Dance Technique and Theory I/Semester II	3

DANC 161R	Dance Conditioning	1
DANC 2330	Improvisation	1
DANC 2340	Composition	2
DANC 256G	Dance as a Cultural Practice I GI	3
DANC 265R	Fundamentals of Movement	2
DANC 2670	Introduction to Laban Studies	2
DANC 3140	Dance Production and Lighting	2
DANC 3630	Dance as a Cultural Practice II WE	3
DANC 3680	Dance Kinesiology	4
DANC 4350	Senior Capstone I WE	2
DANC 4360	Senior Capstone II	2
DANC 4880	Current Issues in Dance	3

Graduation Requirements

1. Completion of a minimum of 120 semester credits; a minimum of 40 credits must be upper division.
2. Overall GPA of 2.0 (C) or above.
3. Overall GPA of 2.5 or above in all DANC courses.
4. Residency hours: minimum of 30 credit hours through course attendance at UVU, with at least 10 hours earned in the last 45 hours.
5. Completion of GE and specified departmental requirements.
6. Successful completion of at least one Global/Intercultural course.

Graduation Plan

This graduation plan is a sample plan and is intended to be a guide. Your specific plan may differ based on your Math and English placement and/or transfer credits applied. You are encouraged to meet with an advisor and set up an individualized graduation plan in Wolverine Track (<http://www.uvu.edu/wolverinetrack/>).

First Year

Semester 1		Credit Hours
DANC 2110	Orientation to Dance FF	3
DANC 143R	Modern/Contemporary Dance Technique and Theory I/Semester I	3
DANC 161R	Dance Conditioning	1
DANC 151R or DANC 250R	Intermediate Jazz Dance or Advanced Jazz Dance	1
ENGL 1010 or ENGH 1005	Introduction to Academic Writing CC or Literacies and Composition Across Contexts CC	3
MAT 1030 or MAT 1035	Quantitative Reasoning QL or Quantitative Reasoning with Integrated Algebra QL	3
Credit Hours		14

Semester 2

DANC 144R	Modern/Contemporary Dance Technique and Theory I/Semester II	3
DANC 2330	Improvisation	1
DANC 127R or DANC 227R	Ballet Technique and Theory I or Ballet Technique and Theory II	3
ENGL 2010	Intermediate Academic Writing CC	3
Elective		4
Credit Hours		14

Second Year

Semester 3		Credit Hours
DANC 265R	Fundamentals of Movement	2
DANC 243R	Modern/Contemporary Dance Technique and Theory Level II /Semester I	3
DANC 127R or DANC 227R	Ballet Technique and Theory I or Ballet Technique and Theory II	3
DANC 2340	Composition	2
BIOL 1010	General Biology BB	3
Credit Hours		13

Semester 4

DANC 2670	Introduction to Laban Studies	2
DANC 244R	Modern/Contemporary Dance Technique and Theory Level II/Semester II	3
DANC 256G	Dance as a Cultural Practice I GI	3

ZOOL 1090	Introduction to Human Anatomy and Physiology BB	3
Physical Science Distribution		3
Elective		2
Credit Hours		16
Third Year		
Semester 5		
DANC 3630	Dance as a Cultural Practice II WE	3
DANC 341R	Modern/Contemporary Dance Technique and Theory Level III/ Semester I	3
DANC 3400	Dance in the Elementary School XF	2
DANC 365R or DANC 3670	Advanced Fundamentals of Movement or Movement Analysis	2
DANC 3330	Modern Dance Workshop	2
DANC 3160	Dance Accompaniment	2
Complete one of the following:		3
DANC 346R	Synergy Dance Company	
DANC 360R	Esprit d c	
DANC 446R	Contemporary Dance Ensemble	
Credit Hours		17
Semester 6		
DANC 3140	Dance Production and Lighting	2
DANC 342R	Modern/Contemporary Dance Technique and Theory Level III/ Semester II	3
DANC 3350	Choreography	2
DANC 3680	Dance Kinesiology	4
Elective		2
Complete one of the following:		3
DANC 346R	Synergy Dance Company	
DANC 360R	Esprit d c	
DANC 446R	Contemporary Dance Ensemble	
Credit Hours		16
Fourth Year		
Semester 7		
DANC 4880	Current Issues in Dance	3
DANC 441R	Modern/Contemporary Dance Technique and Theory Level IV/Semester I	3
DANC 3450	Modern/Contemporary Dance Teaching Methods	3
DANC 4350	Senior Capstone I WE	2
PHIL 2050	Ethics and Values IH	3
Humanities Distribution		3
Credit Hours		17
Semester 8		
DANC 442R	Modern/Contemporary Dance Technique and Theory Level IV/ Semester II	3
DANC 4360	Senior Capstone II	2
American Institutions		3
Social/Behavioral Science		3
Elective		2
Credit Hours		13
Total Credit Hours		120

Program Learning Outcomes

1. Perform dance with artistry demonstrating advanced level technical competency.
2. Create choreographic works of artistic merit and personal voice demonstrating skills in choreographic elements, principles, and structures of dance.
3. Integrate diverse theoretical dance knowledge and skills in the writing, performance and creation of dance.
4. Write articulately using dance language demonstrating perceptive, reflective, and analytical knowledge and skills.
5. Demonstrate proficiency in writing and teaching of modern dance lesson plans.