

Dance, B.S.

Visit the Dance Department page (<https://www.uvu.edu/dance/>) for more information on the program and access to advising.

Program Description

Provides rigorous dance training with a strong foundation in technique and choreography, and a serious scholarly study of dance in its historical, somatic, theoretical, scientific, pedagogical, and cultural contexts. Prepares the next generation of dance artists and scholars for a myriad career opportunities. Provides opportunities for students to work with nationally and internationally recognized guest artists and to work alongside faculty mentors in scholarly and creative research. Includes tracks in Ballroom Dance, Commercial Dance, and Pre-Dance Therapy. Prepares students to enter the world as artists, teachers, performers, choreographers, critical thinkers, problem solvers, and engaged human beings.

Matriculation Requirements:

1. [Pass performance audition with Dance faculty.](#)

Program Requirements

Code	Title	Credit Hours
Total Credit Hours		120
General Education Requirements		27 Credits
ENGL 1010 or ENGH 1005	Introduction to Academic Writing Literacies and Composition Across Contexts	3
ENGL 2010	Intermediate Academic Writing	3
Choose one of the following:		3
MAT 1030	Quantitative Reasoning (3)	
MAT 1035	Quantitative Reasoning with Integrated Algebra (undefined)	
Choose one of the following:		3
HIST 2700 & HIST 2710	US History to 1877 and US History since 1877 (6)	
HIST 1700	American History (3)	
HIST 1740	US Economic History (3)	
POLS 1000	American Heritage (3)	
POLS 1100	American National Government (3)	
Distribution Courses		
Biology		3
Humanities		3
Physical Science		3
Social/Behavioral Science		3
Personal, Professional, & Civic Growth		3
Discipline Core Requirements		24 Credits
Complete 6 credits from the following courses:		6
DANC 1100R	Beginning Ballet (1)	
DANC 1200R	Beginning Modern/Contemporary Dance (1)	
DANC 1410R	Intermediate Modern/Contemporary Dance (2)	
DANC 1270R	Ballet Technique and Theory I (3) (3)	
DANC 1430R	Modern/Contemporary Dance Technique and Theory I/Semester I (3)	
DANC 1440R	Modern/Contemporary Dance Technique and Theory I/Semester II (3)	
Complete the following:		
DANC 2110	Orientation to Dance	3
DANC 1610R	Dance Conditioning	1
DANC 2560G	Dance as a Cultural Practice I	3

DANC 3630	Dance as a Cultural Practice II	3
DANC 3680	Dance Kinesiology	4
DANC 4350	Senior Capstone I	2
DANC 4360	Senior Capstone II	2

BS Dance Tracks	49
	Credits

Complete the requirements from one of the following tracks	49
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Ballroom Dance Track

Complete the following courses:

DANC 2700R	American Social Dance II (1)
DANC 2710R	International Ballroom Dance II (1)
DANC 2720R	Latin Ballroom Dance II (1)
DANC 3700R	American Social Dance III (1)
DANC 3710R	International Ballroom Dance III (1)
DANC 3720R	Latin Ballroom Dance III (1)
DANC 4710R	International Ballroom Dance IV (2)
DANC 4720R	Latin Ballroom Dance IV (2)
DANC 3730	American Social Dance Teaching Methods (2)
DANC 3740	Ballroom Dance Choreography (2)
DANC 4740	Ballroom Dance Teaching Methods and Theory (3)

Complete 6 credits total from the following courses

DANC 2760R	Ballroom Dance Company Back Up Team (1)
DANC 3760R	Ballroom Dance Ensemble (2)
DANC 4760R	Ballroom Dance Company Tour Team (3)

Complete 26 credits from any DANC or other Department approved course

Strongly Recommended:

DANC 2330	Improvisation (1)
DANC 2340	Composition (2)
DANC 2650R	Fundamentals of Movement (2)
or DANC 2670	Introduction to Laban Studies
DANC 3140	Dance Production and Lighting (2)
DANC 3750	Studies in Ballroom Dance Styles (2)
DANC 3850	Arts Management for Dance (undefined)
DANC 4880	Current Issues in Dance (3)
HLSC 1055	Pilates (1)
HLSC 1057	Yoga (1)

Commercial Dance Track

Complete the following courses:

DANC 2330	Improvisation (1)
DANC 2340	Composition (2)
DANC 3140	Dance Production and Lighting (2)
DANC 1500R	Beginning Jazz Dance (1)
DANC 1510R	Intermediate Jazz Dance (1)
DANC 1590R	Hip Hop I (1)
or DANC 1600R	Hip Hop II
DANC 1580R	Tap Dance I (1)
or DANC 2580R	Tap Dance II
DANC 2700R	American Social Dance II (1)
DANC 3850	Arts Management for Dance (2)

Complete 6 credits from the following courses:
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DANC 3600R	Esprit d c (3)
DANC 3460R	Synergy Dance Company (3)

DANC 3800R	Capstone Performance Ensemble (2)
DANC 3480R	Special Topics in Dance (1-3)
Other Department Approved Performing Company	
Commercial Dance Track DANC Electives ¹	
Complete 31 credits from any DANC or other Department approved course:	
Strongly Recommended:	
DANC 2650R	Fundamentals of Movement (2)
or DANC 2670	Introduction to Laban Studies
DANC 4880	Current Issues in Dance (3)
HLSC 1055	Pilates (1)
HLSC 1057	Yoga (1)
Pre-Dance Therapy Track	
Complete the following courses:	
DANC 2330	Improvisation (1)
DANC 2340	Composition (2)
DANC 2650R	Fundamentals of Movement (2)
DANC 2670	Introduction to Laban Studies (2)
DANC 2850	Introduction to Dance/Movement Therapy (2)
DANC 3160	Dance Accompaniment (2)
DANC 3400	Dance in the Elementary School (2)
DANC 3650R	Somatic Practices (2)
DANC 4880	Current Issues in Dance (3)
PSY 1010	General Psychology (3)
PSY 2300	Abnormal Psychology (3)
Pre-Dance Therapy Electives ¹	
Complete 25 credits from any DANC, HLSC, or PSY course	
Strongly Recommended:	
DANC 3140	Dance Production and Lighting (2)
HLSC 1055	Pilates (1)
HLSC 1057	Yoga (1)
PSY 1100	Human Development Life Span (3)
PSY 1250	Psychology Applied to Modern Life (3)
PSY 4300	Introduction to Counseling and Psychotherapy (3)
PSY 4400	Introduction to Group Psychotherapy (3)
Free Electives	
	20 Credits
All Tracks complete 20 credits from any course 1000 or higher (students must complete a minimum of 40 upper-division credits)	
	20

¹ Students must complete a minimum of 40 upper-division credits.

Graduation Requirements

1. Completion of a minimum of 120 semester credits; a minimum of 40 credits must be upper division.
2. Overall GPA of 2.0 (C) or above.
3. Overall GPA of 2.5 or above in all DANC courses.
4. Residency hours: minimum of 30 credit hours through course attendance at UVU, with at least 10 hours earned in the last 45 hours.
5. Completion of GE and specified departmental requirements.
6. Successful completion of at least one Global/Intercultural course and two Writing Enriched courses.

Graduation Plan

This graduation plan is a sample plan and is intended to be a guide. Your specific plan may differ based on your Math and English placement and/or transfer credits applied. You are encouraged to meet with an advisor and set up an individualized graduation plan in Wolverine Track (<http://www.uvu.edu/wolverinetrack/>).

First Year

Semester 1		Credit Hours
DANC 1610R	Dance Conditioning	1
DANC 2110	Orientation to Dance	3
ENGL 1010	Introduction to Academic Writing	3
MAT 1030	Quantitative Reasoning	3
American Institutions		3
Track Requirements or Electives		2
Credit Hours		15

Semester 2

ENGL 2010	Intermediate Academic Writing	3
Track Requirements or Electives		3
Personal, Professional, & Civic Growth		3
Humanities Distribution		3
Free Electives		3
Credit Hours		15

Second Year**Semester 3**

Physical Science Distribution		3
Biology Distribution		3
Complete 3 credits from the following:		3
DANC 1100R	Beginning Ballet	
DANC 1200R	Beginning Modern/Contemporary Dance	
DANC 1270R	Ballet Technique and Theory I	
DANC 1410R	Intermediate Modern/Contemporary Dance	
DANC 1430R	Modern/Contemporary Dance Technique and Theory I/Semester I	
Track Requirement or Electives		3
Free Electives		3
Credit Hours		15

Semester 4

Complete 3 credits from the following:		3
DANC 1100R	Beginning Ballet	
DANC 1200R	Beginning Modern/Contemporary Dance	
DANC 1270R	Ballet Technique and Theory I	
DANC 1410R	Intermediate Modern/Contemporary Dance	
DANC 1440R	Modern/Contemporary Dance Technique and Theory I/Semester II	
DANC 2560G	Dance as a Cultural Practice I	3
Track Requirements or Electives		6
Social/Behavioral Science Distribution		3
Credit Hours		15

Third Year**Semester 5**

DANC 3630	Dance as a Cultural Practice II	3
Free Electives		3
Track Requirements or Electives		9
Credit Hours		15

Semester 6

DANC 3680	Dance Kinesiology	4
Free Electives		3
Track Requirements or Electives		8
Credit Hours		15

Fourth Year**Semester 7**

DANC 4350	Senior Capstone I	2
Free Electives		5
Track Requirements or Electives		8
Credit Hours		15

Semester 8

DANC 4360	Senior Capstone II	2
Free Electives		3

Track Requirements or Electives	10
Credit Hours	15
Total Credit Hours	120

Program Learning Outcomes

1. Apply elements of dance with regards to field of study/areas of focus
2. Demonstrate written, physical, and practical knowledge in area of focus
3. Exhibit entry-level professional competency that can be applied to the field or further study

Art, drama, and music teachers, postsecondary

- Total Positions127,400
- Field Growth2.7%
- Median Salary\$80,360
- Average Openings9.9

Dancers

- Total Positions15,200
- Field Growth6.7%
- Median Salary\$N/A
- Average Openings2.5

Choreographers

- Total Positions5,400
- Field Growth5.3%
- Median Salary\$52,000
- Average Openings0.9