

School Counseling (EDCO)

EDCO 6010. Foundational Principles of School Counseling. (3 Credits)

Prerequisite(s): Admission to Master Education School Counseling program.

Examines the foundational principles of school counseling and introduces students to the Utah School Counseling Model and the ASCA National Model. Provides students with the information and knowledge of how to implement a College and Career Readiness School Counseling Program.

EDCO 6020. Ethics and Professional Competencies of School Counseling. (3 Credits)

Prerequisite(s): Acceptance into the SOE Master of Education in School Counseling.

Provides essential knowledge and skills as established by the Utah State Board of Education standards. Focuses on legislation impacting professional school counselors and the ASCA Code of Ethics.

EDCO 6030. Career Counseling. (3 Credits)

Prerequisite(s): Acceptance into School of Education graduate program or approval of graduate program director

Introduces theories of career development and career decision-making models relating to educational and career development program planning, organization, implementation, administration, and evaluation. Covers the history of work and career in the U.S. in addition to contemporary influences and multicultural considerations.

EDCO 6040. Multicultural Counseling. (3 Credits)

Prerequisite(s): Admission to the Master of Education in School Counseling program.

Examines implications of working with students with diverse cultural backgrounds. Exposes students to various cultures and the methods, values, and beliefs that organize family life and human development. Examines how the intersections of race, class, culture, gender, ethnicity, and sexuality shape and affect the lives of individuals and families. Explores intervention practices, social advocacy models, and resistance strategies.

EDCO 6050. Interventions in Schools. (3 Credits)

Prerequisite(s): Acceptance into School of Education graduate program or approval of graduate program director

Introduces developmentally relevant counseling treatment or intervention plans. Includes development of measurable outcomes for students. Teaches evidence-based counseling strategies and techniques for prevention and intervention. Provides instruction on the referral process and community-based resources. Emphasizes suicide prevention models and strategies. Explores crisis intervention, trauma-informed, and community-based strategies, such as Psychological First Aid.

EDCO 6060. College and Career Readiness. (3 Credits)

Prerequisite(s): Acceptance into School of Education graduate program or approval of graduate program director

Prepares future school counselors to help all students succeed in post-secondary training and future careers. Emphasizes current labor market demands and resources that can provide early and ongoing exposure to information necessary for students to make informed decisions regarding post-secondary education and improve their career literacy.

EDCO 6070. Group Counseling in the Schools. (3 Credits)

Prerequisite(s): EDCO 6080, EDCO 6090, and Admission to the Master of Education in School Counseling, M.S program.

Provides an introduction to many of the important challenges facing group leaders and group members in a school counseling setting. Discusses national and state ethical guidelines particular to group work. Exposes students to how common counseling theories can be applied in group settings. Provides an understanding of group developmental stages and processes and how these dynamics influence group growth and productivity. Emphasizes leader skill development. Includes approximately 20 hours of class time spent in a laboratory experience wherein each student is provided the opportunity to function in a group.

EDCO 6080. Counseling Techniques in the Schools. (3 Credits)

Prerequisite(s): Admission to Masters of Education School Counseling program.

Analyzes theoretical approaches to counseling in schools. Emphasizes essential interviewing, counseling, and case conceptualization skills. Includes approximately 20 hours of class time spent in a laboratory experience wherein each student is provided the opportunity to apply counseling techniques.

EDCO 6090. Theories of Counseling in the Schools. (3 Credits)

Prerequisite(s): Admission to Master of Education in School Counseling, M.S.

Introduces theories, models, and strategies for understanding and practicing consultation and counseling in schools. Examines the impact of heritage, attitudes, beliefs, understandings, and acculturate experiences on an individual's view of others. Analyzes approaches including psychoanalytic, individual psychology, person-centered, existential, cognitive-behavioral, Gestalt, family systems, and postmodern theories. Examines the influence of sociocultural and historical factors on the development of counseling theories.

EDCO 6100. Research and Evaluation. (3 Credits)

Prerequisite(s): Admission to the Master of Education in School Counseling program.

Introduces practitioner research in school counseling. Identifies methods for locating, reading, interpreting, and using credible research, and explores approaches to applying action research methods in school counseling programs to advance the counseling profession. Provides students the skills and competencies necessary to successfully conduct valid and reliable research and analyze and use data for completing data projects required by the Utah State Board of Education.

EDCO 6710. School Counseling Practicum. (3 Credits)

Prerequisite(s): Admission to the Master of Education in School Counseling program.

Provides students with an opportunity to job shadow a school counselor at a local school for 100 hours and directly apply concepts and principles learned in coursework. Includes weekly reporting and reflection from practicum experiences to a group supervisor. Provides instructional content relating to the special topics in school counseling.

EDCO 689R. School Counseling Internship. (3 Credits)

Prerequisite(s): Admission to the Master of Education in School Counseling program.

Supports the student in completing the required 400-600 hour internship.