

# Community Health (HLTH)

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To register for courses and see a real-time listing of classes and sections offered, view the add/drop system (<https://userve.uvu.edu/StudentRegistrationSsb/ssb/term/termSelection/?mode=search>).

## **HLTH 1100. Personal Health and Wellness. (3 Credits)**

Examines the challenges to individual and community health, and encourages students to become actively engaged in preserving, protecting, and promoting health at all levels. Develops a greater appreciation for bodies and understanding of requirements to maintain or achieve good physical, mental, emotional, social, and spiritual health. Includes lecture, discussion groups, guest lecturers, media, and role-playing.

## **HLTH 2050. Public Mental Health. (3 Credits)**

Explores issues of mental health from a public health perspective. Examines the nature and history of mental illness in the United States, ethical and legal issues influencing the mental health system, and mental health across the lifespan. Examines societal factors such as poverty, discrimination, and homelessness and their effect on mental health. Applies public health theories to alleviate the mental health burden.

## **HLTH 2510. New Media in Public Health. (3 Credits)**

Introduces the use of new media in public health communication and marketing. Identifies key elements of successful digital design. Explores the relationship between mass media and health promotion, digital tools for storytelling, and computer applications that enable the targeted delivery of messages. Discusses benefits and risks associated with new media, including ethical considerations such as security and privacy.

## **HLTH 2840. Womens Health Issues. (3 Credits)**

Prerequisite(s): HLTH 1100 or EXSC 1097

For students in various health care professions. Reviews important dimensions of a woman's health and examines the contributing epidemiological, historical, psychosocial, cultural/ethnic, legal, political, and economic influences. Focuses on women throughout their lifespan and incorporates the many factors that affect health and well-being. Stresses prevention, health promotion, research, clinical intervention, and public policy that form the interlocking basis when considering the different diseases, disorders, and conditions that afflict women. Provides a practical approach to examining and understanding health issues that are unique to women--all ages, races, socioeconomic strata, and cultures. Will also be offered summers of even years.

## **HLTH 2900R. Special Topics in Public Health. (3 Credits)**

Explores and examines special topics relating to the field of Public Health. Emphasizes areas of rapid growth in Public Health or current importance to society. May be repeated for a total of 6 credits toward graduation.

## **HLTH 3000. Health Concepts of Death and Dying. (3 Credits)**

Prerequisite(s): University Advanced Standing

Examines information and data pertaining to death in the United States. Discusses historical and cultural perspectives of death, causes of death, definitions of death, stages of dying, bereavement, the will to live, legal and ethical issues, euthanasia, and suicide. Focuses on attitudes and values of Americans concerning death. Studies ways to work with and relate to dying individuals and their families. Will also be offered summer of odd years.

## **HLTH 3200. Principles of Community Health. (3 Credits)**

Prerequisite(s): University Advanced Standing

For students in health and behavioral sciences who wish to work in community health settings. Presents the role and function of various community health services and agencies and how they interface. Examines health care models and agencies, health care reform, health objectives for the nation, and health planning and promotion. Explores life style risk reduction, environmental issues, ethical health issues, and other appropriate topics.

## **HLTH 3260. Health Behavior Theory and Practice. (3 Credits)**

Prerequisite(s): University Advanced Standing

Introduces the contribution of various academic fields to the development of historical and contemporary health and behavior change theories and models. Discusses historical contributions of various behaviorists. Examines the role of behaviorist, cognitive, humanistic, and social psychology approaches to behavior change. Applies constructs from individual, social/environmental, and multilevel health theories. Contrasts attractions and critiques of various models and theories. Discusses anthropologic, social normative, political, and communication approaches to behavior change. Applies health behavior theory to assessment, intervention, and evaluation strategies for personal health behavior change.

## **HLTH 3300. Health Promotion for Older Adults. (3 Credits)**

Prerequisite(s): University Advanced Standing

For students in health and behavioral sciences and other related fields who wish to work in gerontological settings. Examines health issues and problems of older adults. Addresses topics affecting older adults including: the aging process, chronic and infectious diseases, health care resources, and health promotion. Covers medication issues, long-term care, death and dying, and other related topics.

## **HLTH 3450. Public Health and the Environment. (3 Credits)**

Prerequisite(s): HLTH 3200, University Advanced Standing

Examines the relationship of people to their environment as well as public health environmental issues. Develops an understanding of the causes of those issues, and possible future approaches to control major environmental public health problems. Includes environmental epidemiology, public health policy and regulation, zoonotic and vector-borne diseases, toxic materials, radiation, water quality, air quality, food safety, solid and liquid wastes, occupational health, injuries, and emerging global environmental public health problems.

**HLTH 3500G. International Health. (3 Credits)**

Prerequisite(s): University Advanced Standing

Provides knowledge regarding the various health issues that affect people around the world. Focuses on the role of culture, ethnicity, country of origin, politics, and gender on health. Examines the importance of cultural sensitivity and competence when attempting to eradicate public health concerns. Will also be offered summer of even years.

**HLTH 3600. Social Marketing. (3 Credits)**

Prerequisite(s): University Advanced Standing

Identifies how to promote social changes to the consumer. Teaches packaging, positioning and framing of programs to appeal to more salient, powerful, and influential core values: freedom, independence, autonomy, control, fairness, democracy, and free enterprise. Discusses marketing principles, planning, implementing, and evaluation of public health programs, strategic planning, social change theory, and case studies.

**HLTH 3700. Grant Writing for Public Health. (3 Credits)**

Prerequisite(s): University Advanced Standing

Provides knowledge and skills for public health grant writing. Teaches the major elements of grant writing including the identification of grant sources, writing grant proposals, and preparation of budgets and timelines.

**HLTH 3750. Biostatistics for Public Health. (3 Credits)**

Prerequisite(s): MATH 1050 or 1055 or STAT 1040 or 1045 and University Advanced Standing

Introduces the use of statistics for research purposes in health-related fields. Teaches principles of probability and statistical inference. Covers descriptive and inferential statistics, including measures of central tendency, variability, correlation, and various inferential techniques such as t-tests, analysis of variance, regression, post-hoc tests, and non-parametric statistical tests.

**HLTH 3800. Epidemiology. (3 Credits)**

Prerequisite(s): University Advanced Standing

Introduces epidemiologic principles and methods. Examines the historical and theoretical bases of epidemiology; statistical methods; distribution of disease over person, place, and time; research methods utilized in epidemiology; and the application of epidemiology to the prevention of disease and the promotion of health.

**HLTH 4140. Assessment and Program Development. (3 Credits)**

Prerequisite(s): HLTH 3200 and University Advanced Standing

Pre- or Corequisite(s): HLTH 3260

Intended for Public Health majors. Covers building a rationale, gaining support of stakeholders, selecting an appropriate model or theory, conducting a needs assessment, developing goals and objectives, and determining appropriate public health education strategies. Helps students develop the skills to successfully begin the program planning process.

**HLTH 4160. Program Implementation and Evaluation. (3 Credits)**

Prerequisite(s): HLTH 4140 and University Advanced Standing

Intended for Public Health majors. Builds upon HLTH 4140 and develops the knowledge, skills, and abilities to conduct health program implementation and evaluation. Includes a systematic approach to the implementation and evaluation of health education programs.

**HLTH 4300. Health Ethics. (3 Credits)**

Prerequisite(s): University advanced standing

Applies ethics theories and principles to healthcare ethics. Explores historical and contemporary topics related to autonomy, beneficence, non-maleficence, justice, and confidentiality. Explains the Belmont Report, HIPAA rules, and the role and function of Institutional Review Boards. Examines various healthcare issues related to ethics such as: healthcare allocation, costs, maternal-fetal conflict, death and dying, patient rights, informed consent, biomedical research, and organ transplant.

**HLTH 4400G. Health and Diversity. (3 Credits)**

Prerequisite(s): University Advanced Standing

Provides students with a specific set of skills and knowledge in cultural competence. Focuses on understanding the public health system, identifying one's own cultural biases, understanding biases regarding one's own cultural identity, and developing culturally competent approaches and tools. Explores diversity of religion, race, ethnicity, gender, age, sexuality, disability, and vulnerable populations in healthcare contexts. Enables students to be more effective public health professionals whether they work with diverse populations within the United States or in international settings.

**HLTH 4600. Research Methods for Public Health. (3 Credits)**

Prerequisite(s): University Advanced Standing

Introduces research techniques, methodology, and designs. Examines the planning, organizing, and conducting of research studies for solving problems unique to community health. Includes literature review and research article critiques.

**HLTH 4720. CHES Preparation. (3 Credits)**

Prerequisite(s): Department approval; University Advanced Standing; Senior standing

Provides an overview of the health education areas of responsibilities in preparation for the Certified Health Education Specialist national exam and is for students in their last semester at UVU, planning to register and take the CHES exam in October or April.

**HLTH 4820R. Health Internship. (1-6 Credits)**

Prerequisite(s): University Advanced Standing

Provides field experience and enhanced knowledge in health services and education, under the preceptorship of an individual qualified by education and/or experience. May be repeated for a maximum of 6 credits toward graduation. May be graded credit/no credit.

**HLTH 4850R. Public Health Special Project. (1-4 Credits)**

Prerequisite(s): University Advanced Standing

Provides valuable experience in the field of public health research and practice. Provides faculty mentors to help develop study plans, obtain ethics board approvals, perform literature reviews, analyze data, and provide research write-ups. May be repeated for a maximum of 4 credits toward graduation. May be graded credit/no credit.

**HLTH 4890R. Undergraduate Research. (1-3 Credits)**

Prerequisite(s): Instructor approval, departmental approval, and University Advanced Standing

Provides students the opportunity to conduct research under the mentorship of a faculty member. Provides an opportunity to put in practice the theoretical knowledge gained in prior major courses. Requires the creation of a significant intellectual or creative product that is characteristic of the community health discipline and worthy of communication to a broader audience. May be repeated for a maximum of 3 credits toward graduation.

**HLTH 4900R. Special Topics in Public Health. (1-3 Credits)**

Prerequisite(s): Department Approval and University Advanced Standing

Explores and examines special topics related to public health issues and problems. Includes public health topics such as AIDS/HIV, West Nile Virus, special drug and sexuality issues, obesity, suicide, teenage pregnancy and terrorism. May be repeated for a maximum of 6 credits toward graduation.

**HLTH 4950. Senior Capstone. (1 Credit)**

Prerequisite(s): University Advanced Standing; Senior Standing.

Assesses both content knowledge and skills developed during the course of the Public Health program. Provides an opportunity to reflect on their learning and demonstrate the program outcomes through the development and presentation of a professional electronic portfolio, and the completion of a cumulative post-test. For seniors in their last semester.

**HLTH 6200. Issues in Public Health. (3 Credits)**

Prerequisite(s): Admission into any UVU graduate program.

Examines public health principles and concepts by focusing on the five core public health knowledge areas and the ten essential public health services. Explores public health infrastructure, surveillance, social determinants of health, policy, and emerging issues. Provides a broad framework for understanding public health's role in community health, prevention, and medicine.

**HLTH 6300. Communication Campaigns. (3 Credits)**

Prerequisite(s): Admission into any UVU graduate program.

Offers practical background in behavioral theories including the Health Belief Model, Theory of Planned Behavior, Transtheoretical Model, Social Cognitive Theory, and the Socioecologic Model. Surveys existing research related to effective communication messaging strategies pertaining to public services. Introduces students to theoretically-driven survey creation and research methodology. Examines target audiences and segmenting. Critiques existing communication campaigns and explores ethical issues. Prepares students to create theoretically driven public communication campaigns.