

Marriage and Family Therapy (MFT)

MFT 379R. Special Topics in MFT. (1-3 Credits)

Prerequisite(s): MFT Program Director Approval

Examines topics of current interest and demand in Marriage and Family Therapy. Provides in-depth education and training in specialized topics within the field of marriage and family therapy practice. Selected topics may vary by semester. May be repeated with different topics for a maximum of 6 credits toward graduation requirements.

MFT 6000. Systemic Foundations of Marriage and Family Therapy. (3 Credits)

Prerequisite(s): Admission to the Master of Marriage and Family Therapy, M.A. program

Introduces students to the historical development of the relational/systemic perspective. Emphasizes a systemic paradigm for clinical intervention. Includes conceptual foundations of MFT.

MFT 6010. Contemporary Approaches to MFT. (3 Credits)

Prerequisite(s): Admission to the Master of Marriage and Family Therapy, M.A. program

Introduces students to contemporary models of MFT. Compares post-modern models of MFT. Includes evidence-based practice and the biopsychosocial perspective.

MFT 6100. Ethical Issues in Marriage and Family Therapy. (3 Credits)

Prerequisite(s): Admission to the Master of Marriage and Family Therapy, M.A. program

Promotes MFT identity. Develops student competence in ethical decision making. Includes application of the American Association for Marriage and Family Therapy Code of Ethics and relevant Utah law to clinical scenarios.

MFT 6200. Systemic Assessment and Diagnosis. (3 Credits)

Prerequisite(s): Admission to the Master of Marriage and Family Therapy, M.A. program

Develops student competence in treatment approaches specifically designed for use with families. Introduces students to crisis intervention with families. Includes evidence-based practice for clinical work with young children, adolescents, families in mid-life, and elderly families.

MFT 6210. Couples Therapy. (3 Credits)

Prerequisite(s): MFT 6200 and admission to the Marriage and Family Therapy, M.A. program

Develops student competence in treatment approaches specifically designed for use with a range of diverse couples, including sex therapy, same-sex couples, elderly, and interfaith couples. Includes evidence-based practice and crisis intervention with couples.

MFT 6220. Group Therapy. (2 Credits)

Prerequisite(s): MFT 6200 and admission to the Marriage and Family Therapy, M.A. program

Develops student competence in treatment approaches specifically designed for use with groups. Evaluates group work with addiction, abuse and trauma. Includes evidence-based practice and crisis intervention with groups.

MFT 6230. Family Therapy. (3 Credits)

Prerequisite(s): MFT 6000 and admission to the Marriage and Family Therapy, M.A. program

Develops student competence in treatment approaches specifically designed for use with families. Introduces students to crisis intervention with families, including assessment and treatment of addiction and family violence. Includes evidence-based practice for clinical work with adult children, families in mid-life, and elderly families.

MFT 6240. Individual Therapy. (2 Credits)

Prerequisite(s): MFT 6200 and admission to the Marriage and Family Therapy, M.A. program

Introduces students to a variety of common presenting problems including addiction, suicide, trauma, abuse, intra-familial violence, and acute chronic medical conditions. Utilizes a relational/systemic philosophy. Includes evidence-based practice and crisis intervention with individuals.

MFT 6300. Working with Diversity in MFT. (3 Credits)

Prerequisite(s): Admission to the Master of Marriage and Family Therapy, M.A. program

Builds student awareness of diversity, power, privilege, and oppression as these relate to race, age, gender, ethnicity, sexual orientation, gender identity, socioeconomic status, disability, health status, religious affiliation, nation of origin, spiritual orientation, or other relevant social categories.

MFT 6310. Child and Adolescent Development. (3 Credits)

Prerequisite(s): MFT 6000 and admission to the Marriage and Family Therapy, M.A. program

Introduces students to individual and family development during stages of childhood and adolescence, including developmentally appropriate individual and family therapy models. Addresses human sexuality. Discusses biopsychosocial health during childhood and adolescence.

MFT 6320. Adult Issues in Human Development. (3 Credits)

Prerequisite(s): MFT 6300 and admission to the Marriage and Family Therapy, M.A. program

Introduces students to individual and family development across stages of adulthood. Addresses human sexuality. Discusses biopsychosocial health during adulthood.

MFT 6400. Research in Marriage and Family Therapy. (3 Credits)

Prerequisite(s): MFT 6000 and admission to the Marriage and Family Therapy, M.A. program

Introduces students to basic research methodology. Examines evidence-based practice in MFT. Evaluates usefulness of couple, marriage, and family therapy research.

MFT 6500. Community Intervention. (1 Credit)

Prerequisite(s): Admission to the Master of Marriage and Family Therapy, M.A. program

Introduces students to practice within defined contexts (e.g., healthcare settings, schools, military settings, private practice). Addresses nontraditional MFT professional practice using therapeutic competencies (e.g., community advocacy, psycho-educational groups). Considers multidisciplinary collaboration.

MFT 6510. Contemporary Issues in MFT. (1 Credit)

Prerequisite(s): MFT 6000 and admission to the Marriage and Family Therapy, M.A. program

Develops student competence in emerging and evolving contemporary challenges. Examines problems and/or recent developments at the interface of MFT knowledge and practice and the broader local, regional, and global context. Includes discussion of contemporary issues such as immigration, technology, same-sex marriage, and violence in schools.

MFT 6520. Clinical Business Development and Practice. (2 Credits)

Prerequisite(s): Admission to the Master of Marriage and Family Therapy, M.A. program

Pre- or Corequisite(s): MFT 693R

Introduces students to the development of private clinical practices. Emphasizes business practice in the mental health field. Includes discussion of HIPAA and telehealth.

MFT 6600. Capstone in MFT. (1 Credit)

Prerequisite(s): Admission to the Marriage and Family Therapy, M.A. program

Pre- or Corequisite(s): MFT 693R

Emphasizes achievement of the program-level outcomes. Integrates knowledge across the program to promote student awareness of their own potential contributions to and positioning in the MFT field.

MFT 679R. Special Topics in MFT. (1-3 Credits)

Prerequisite(s): MFT Program Director Approval

Examines topics of current interest and demand in Marriage and Family Therapy. Provides in-depth education and training in specialized topics within the field of marriage and family therapy practice. Selected topics may vary by semester. May be repeated with different topics for a maximum of 6 credits toward graduation requirements.

MFT 690R. Pre-Practicum. (3 Credits)

Prerequisite(s): Admission to the Master of Marriage and Family Therapy, M.A. program

Introduces basic skills and competencies needed for effective and ethical clinical practice. Guides self-awareness and self-reflection. Presents expectations of competency in basic MFT interventions, sensitivity to client contextual variables, completion of case documentation, and use of supervision and feedback. May be repeated for a maximum of 6 credits toward graduation.

MFT 691R. Practicum I. (3 Credits)

Prerequisite(s): Approval of MFT faculty and admission to the Marriage and Family Therapy, M.A. program

Pre- or Corequisite(s): MFT 690R

Develops student competence in MFT assessment and intervention. Includes practice with diverse, international, multicultural, marginalized, and/or underserved communities. Guides competence in working with sexual and gender minorities and their families as well as anti-racist practices. Guides self-awareness and self-reflection. Requires completion of case documentation, and effective use of supervision and feedback. May be repeated for a maximum of 6 credits toward graduation.

MFT 692R. Practicum II. (3 Credits)

Prerequisite(s): MFT faculty approval and admission to the Marriage and Family Therapy, M.A. program

Pre- or Corequisite(s): MFT 691R

Continues development of student competence in MFT assessment and intervention. Includes practice with diverse, international, multicultural, marginalized, and/or underserved communities. Guides competence in working with sexual and gender minorities and their families as well as anti-racist practices. Guides self-awareness and self-reflection. Requires completion of case documentation, and effective use of supervision and feedback. May be repeated for a maximum of 6 credits toward graduation.

MFT 693R. Practicum III. (3 Credits)

Prerequisite(s): Approval of MFT faculty and admission to the Marriage and Family Therapy, M.A. program

Pre- or Corequisite(s): MFT 692R

Develops student competence in MFT assessment and intervention. Includes practice with diverse, international, multicultural, marginalized, and/or underserved communities. Guides competence in working with sexual and gender minorities and their families as well as anti-racist practices. Guides self-awareness and self-reflection. Requires completion of case documentation, and effective use of supervision and feedback. May be repeated for a maximum of 6 credits toward graduation.

MFT 694R. Practicum IV. (3 Credits)

Prerequisite(s): Approval of MFT Faculty and admission to the Marriage and Family Therapy, M.A. program

Pre- or Corequisite(s): MFT 693R

Final development of student competence in MFT assessment and intervention. Includes practice with diverse, international, multicultural, marginalized, and/or underserved communities. Guides competence in working with sexual and gender minorities and their families as well as anti-racist practices. Guides self-awareness and self-reflection. Requires completion of case documentation, and effective use of supervision and feedback. May be repeated for a maximum of 6 credits toward graduation.