Occupational Therapy (OT)

To register for courses and see a real-time listing of classes and sections offered, view the add/drop system (https://userve.uvu.edu/StudentRegistrationSsb/ssb/term/termSelection/?mode=search).

OT 1010. Introduction to Occupational Therapy. (2 Credits)

Introduces the role of occupational therapy across various practice settings in promoting health and participation of people, organizations, and populations through engagement in occupations. Explores a variety of topics that may include history, philosophy, the Occupational Therapy Practice Framework: Domain and Process, and the delineation of roles between registered occupational therapists and certified occupational therapy assistants.

OT 2900R. Special Topics in Occupational Therapy I. (1-3 Credits)

Prerequisite(s): Acceptance into the Occupational Therapy Assistant program and University Advanced Standing

Provides opportunities to explore special topics and/or emerging practice trends in occupational therapy practice. May be repeated for a maximum of 6 credits toward graduation.

OT 3000. Foundations of Occupational Therapy Practice. (3 Credits)

Prerequisite(s): Acceptance into the Occupational Therapy Assistant program and University Advanced Standing

Provides foundations of the occupational therapy profession, including the development of the profession, the clinical occupational therapy process, theories and models commonly used in practice, and professional ethics, values, and responsibilities. Addresses both historical and contemporary professional perspectives.

OT 3100. Applied Anatomy and Kinesiology. (3 Credits)

Prerequisite(s): Acceptance into the Occupational Therapy Assistant program and University Advanced Standing

Focuses on kinesiology concepts and basic principles of biomechanics to understand how movement affects occupational performance. Reviews systems that include (but are not limited to) the central nervous system, peripheral nervous system, and musculoskeletal system. Includes formal and informal analysis and assessment of movement as well as analysis of movement in areas of occupation.

OT 3105. Applied Anatomy and Kinesiology Lab. (1 Credit)

Prerequisite(s): Acceptance into the Occupational Therapy Assistant program and University Advanced Standing

Focuses on structural anatomy and its application to performance. Explores biomechanical concepts of human movement.

OT 3200. Occupational Therapy and Physical Dysfunction. (3 Credits)

Prerequisite(s): Acceptance into the Occupational Therapy Assistant program and University Advanced Standing

Explores major neurological/physical diseases, injuries, and disorders that may impact adult occupational performance. Reviews and applies concepts of the occupational therapy process, using theory and evidence-based practice to guide rehabilitation assessment and intervention techniques commonly used by occupational therapy practitioners in adult settings.

OT 3205. Occupational Therapy and Physical Dysfunction Lab. (1 Credit)

Prerequisite(s): Acceptance into the Occupational Therapy Assistant program and University Advanced Standing

Focuses on the application of occupation-based interventions in adult physical dysfunction settings. Reviews and applies current best evidence related to interventions supporting participation and performance in meaningful occupations.

OT 3300. Adult Physical Dysfunction Practicum. (1 Credit)

Prerequisite(s): Acceptance into the Occupational Therapy Assistant program and University Advanced Standing

Investigates occupational therapy in an adult physical dysfunction setting through a fieldwork experience where students are exposed to various diagnoses and have the opportunity to develop professional behavior and clinical observation skills.

OT 3400. Occupational Therapy in Pediatrics. (3 Credits)

Prerequisite(s): Acceptance into the Occupational Therapy Assistant program and University Advanced Standing

Pre- or Corequisite(s): OT 3300

Examines the occupational therapy process in pediatrics. Reviews human development and the study of occupations for the infant, child, and adolescent from reflexive, sensory, motor, behavior, social and activity standpoints. Emphasizes use of theory, evaluation and data collection, and evidence and occupation-based interventions with the typical and atypical child.

OT 3405. Occupational Therapy in Pediatrics Lab. (1 Credit)

Prerequisite(s): Acceptance into the Occupational Therapy Assistant program and University Advanced Standing

Pre- or Corequisite(s): OT 3300

Focuses on the application of occupation-based interventions in pediatric settings. Reviews and applies current best evidence related to interventions supporting participation and performance in meaningful occupations.

OT 3500. Pediatric Occupational Therapy Practicum. (1 Credit)

Prerequisite(s): Acceptance into the Occupational Therapy Assistant program and University Advanced Standing

Pre- or Corequisite(s): OT 3300

Investigates occupational therapy in a pediatric practice setting through a fieldwork experience. Introduces various diagnoses and opportunities to develop professional behavior and clinical observation skills. Emphasizes the use of theory, evaluation and data collection, and evidence and occupation-based interventions with the pediatric population.

OT 3600. Patient Management Skills in Occupational Therapy. (3 Credits)

Prerequisite(s): Acceptance into the Occupational Therapy Assistant program and University Advanced Standing

Pre- or Corequisite(s): OT 3300

Introduces professional behaviors appropriate for placement in fieldwork sites. Explores successful work skills, advocating for the occupational therapy profession, creative planning and client-centered practice in the community.

OT 3700. Research Methods in Occupational Therapy. (3 Credits)

Prerequisite(s): Acceptance into the Occupational Therapy Assistant program and University Advanced Standing

Pre- or Corequisite(s): OT 3300

Investigates how professionals contribute to the knowledge base that supports the profession of occupational therapy. Teaches the language of scientific inquiry and how to examine research-based literature critically. Examines the guiding principles that support sound research practices.

OT 3800. Psychosocial Issues in Occupational Therapy. (3 Credits)

Prerequisite(s): Acceptance into the Occupational Therapy Assistant program and University Advanced Standing

Pre- or Corequisite(s): OT 3500

Examines occupational therapy in mental health practice. Introduces topics that may include historical events in the development of psychosocial and mental health care throughout the life course, introduction of the Diagnostic and Statistical Manual for Mental Disorders (DSM), co-morbidities with severe and persistent mental illness, psychotropic drugs, use of theory, evaluation and data collection, evidence and occupation-based intervention, and issues that impact psychological and social factors in mental health and occupational performance.

OT 3805. Psychosocial Issues in Occupational Therapy Lab. (1 Credit)

Prerequisite(s): Acceptance into the Occupational Therapy Assistant program and University Advanced Standing

Pre- or Corequisite(s): OT 3500

Examines occupational therapy in mental health practice. Explores the use of occupational therapy treatment modalities, basic craft techniques for therapeutic application, and the group therapy process.

OT 4000. Occupational Therapy in Geriatrics. (3 Credits)

Prerequisite(s): Acceptance into the Occupational Therapy Assistant program and University Advanced Standing

Pre- or Corequisite(s): OT 3500

Discusses the typical aging process and performance skill deficits common to the aging population and interventions to bridge the gap between performance and dysfunction. Explores the role occupational therapy plays in health promotion, prevention, and rehabilitation with the aging population.

OT 4005. Occupational Therapy in Geriatrics Lab. (1 Credit)

Prerequisite(s): Acceptance into the Occupational Therapy Assistant program and University Advanced Standing

Pre- or Corequisite(s): OT 3500

Applies concepts from occupational therapy in geriatrics lecture to address performance skill deficits common to the aging population and interventions to bridge the gap between performance and dysfunction. Explores theory and frames of reference related to occupation-based interventions for the aging population. Reviews current best evidence related to interventions supporting participation in performance and in meaningful occupations.

OT 4100. Geriatric/Psychosocial OT Practicum. (1 Credit)

Prerequisite(s): Acceptance into the Occupational Therapy Assistant program and University Advanced Standing

Pre- or Corequisite(s): OT 3500

Introduces various diagnoses, providing opportunities to develop professional behaviors, develop clinical observation skills, and observe and participate in the occupational therapy process with either psychosocial or geriatric populations.

OT 4200. Professional Seminar. (2 Credits)

Prerequisite(s): Acceptance into the Occupational Therapy Assistant program and University Advanced Standing

Pre- or Corequisite(s): OT 3500

Discusses professional behaviors appropriate for placement in fieldwork sites. Explores topics such as successful work skills, advocating for the occupational therapy profession, creative planning, and client-centered practice in the community.

OT 4300. Occupational Therapy Management and Leadership. (3 Credits)

Prerequisite(s): Acceptance into the Occupational Therapy Assistant program and University Advanced Standing

Pre- or Corequisite(s): OT 3500

Discusses the impact of contextual factors (socioeconomic, political, cultural, professional, ecological) on occupational therapy practice. Identifies strategies for conflict resolution regarding ethics in the personal and organizational realms. Explores skills needed for the effective, ethical supervision of nonprofessional staff within the healthcare setting. Includes identifying and documenting quality improvements, understanding of regulatory and legislative systems that impact occupational therapy practice, and current policy issues and professional responsibility. Explores individual and group leadership issues and identifies personal leadership qualities to apply in life and practice.

OT 4400. Baccalaureate Project I. (3 Credits)

Prerequisite(s): Acceptance into the Occupational Therapy Assistant program and University Advanced Standing

Pre- or Corequisite(s): OT 3500

Incorporates Level I Fieldwork experiences to develop critical thinking skills by developing a baccalaureate project based on evidence-based practice. Provides an in-depth experience to explore topics in one or more of the following: clinical practice skills, administration, leadership, advocacy, and education. Provides an opportunity to practice research and critical reasoning skills and analyze connections and relationships among the experiential learning of Level I Fieldwork, didactic coursework, and the complexities of clients as occupational beings.

OT 4720. Fieldwork IIA. (6 Credits)

Prerequisite(s): Acceptance into the Occupational Therapy Assistant program and University Advanced Standing

Pre- or Corequisite(s): OT 4100

Provides a full-time supervised fieldwork experience in mental health, adult rehabilitation, geriatrics, pediatrics, or emerging practice settings that promotes clinical reasoning and reflective practice. Provides opportunities to participate in the occupational therapy process and develop a professional identity as occupational therapy practitioners within an interdisciplinary context.

OT 4800. Baccalaureate Project II. (3 Credits)

Prerequisite(s): Acceptance into the Occupational Therapy Assistant program and University Advanced Standing

Pre- or Corequisite(s): OT 4400

Incorporates Level II Fieldwork experiences to develop critical thinking skills while developing a baccalaureate project based on evidence-based practice. Provides an in-depth experience to explore topics in one or more of the following areas: clinical practice skills, administration, leadership, advocacy, and education. Provides opportunities to practice research, critical reasoning skills, analyze connections and relationships among the experiential learning of Level II Fieldwork, didactic coursework, and the complexities of clients as occupational beings.

OT 4820. Fieldwork IIB. (6 Credits)

Prerequisite(s): Acceptance into the Occupational Therapy Assistant program and University Advanced Standing

Pre- or Corequisite(s): OT 4100

Provides a full-time supervised fieldwork experience in mental health, adult rehabilitation, geriatrics, pediatrics, or emerging practice settings that promotes clinical reasoning and reflective practice. Provides opportunities to participate in the occupational therapy process and develop a professional identity as occupational therapy practitioners within an interdisciplinary context.

OT 4900R. Special Topics in Occupational Therapy II. (1-3 Credits)

Prerequisite(s): Acceptance into the Occupational Therapy Assistant program and University Advanced Standing

Provides opportunities to explore special topics and/or emerging practice trends in occupational therapy practice. May be repeated for a maximum of 6 credits toward graduation.