

Physical Education Teacher Ed (PETE)

PETE 2110. Fundamental Motor Skill Analysis and Performance. (1 Credit)

Covers acquisition of fundamental motor skills and movements concepts necessary before advanced motor skills can be effectively taught. Includes motor development concepts, water safety, educational gymnastics, jump rope, and other rhythmic and fundamental skills and concepts. Requires students to assess their own skill performances as well as others' performances. Students with special needs will be encouraged to use appropriate accommodations and/or modifications.

PETE 2120. Fitness for Secondary Physical Educators. (1 Credit)

Prerequisite(s): EXSC 1097

Provides and enhances preservice teachers' abilities to teach Fitness for Life and other health-related fitness concepts and classes for students in grades 6-12. Focuses on evaluation and performance of a variety of developmentally appropriate fitness activities. Trains preservice teachers to develop appropriate lesson plans for secondary students, as well as how to help individual students develop personalized fitness programs.

PETE 2140. Teaching Target Games. (2 Credits)

Addresses the teaching skills, content analysis, planning and experience to instruct target games such as archery, golf, bocce, bowling, and disc golf for grades 7-12. Focuses on implementing developmentally appropriate progressions for teaching key skills and strategies.

PETE 2150. Elementary Physical Education SPARK Method. (2 Credits)

Prepares future classroom teachers, recreation leaders, and interested health and fitness professionals to instruct physical activity classes. Focuses on experiential learning.

PETE 2210. Racket Sport Analysis and Teaching Progressions. (1 Credit)

Introduces skills, concepts, and rules to help teachers and coaches teach racket sports to youngsters in grades K-12. Focuses on positive transfer of learning between various racket sports, including pickleball, racquetball, badminton, speedminton, and tennis. Explores and implements developmentally appropriate progressions for key skills and strategies, especially those common to all racket sports.

PETE 2220. Target Sport Analysis and Teaching Progressions. (1 Credit)

Introduces skills, concepts, and rules to help teachers and coaches teach target sports to youngsters in grades K-12. Focuses on helping teachers and coaches use positive transfer to enhance the teaching of skills, strategies, and concepts common to target games and sports. Developmentally appropriate progressions for key skills and strategies will be explored and implemented. Covers the main target sports: archery, bowling, golf, and disc golf.

PETE 2230. Individual Sports Track and Field and Tumbling. (1 Credit)

Prerequisite(s): EXSC 1097

Introduces Track and Field events taught in K-12 schools in Utah. Includes fundamental tumbling skills appropriately taught to K-12 students. Focuses on developmentally appropriate progressions for all learners. Includes hints to enhance positive transfer from a previously learned skill to a new skill, specifically individual sport skills and concepts.

PETE 2240. Teaching Invasion and Net Games. (2 Credits)

Addresses the teaching skills, content analysis, planning and experience to instruct invasion and net games such as team handball, lacrosse, ultimate frisbee, pickleball, speedminton, and tennis for grades 7-12. Focuses on implementing developmentally appropriate progressions for teaching key skills and strategies.

PETE 2310. Invasion Sports Soccer and Team Handball. (1 Credit)

Introduces skills, concepts, and rules to help teachers and coaches teach soccer and team handball to youngsters in grades K-12. Focuses on helping teachers and coaches use transfer to enhance the teaching of skills and concepts common to all invasion games, as well as to soccer and team handball specifically. Explores and implements developmentally appropriate progressions for key skills and strategies in soccer and team handball.

PETE 2320. Teaching and Analyzing Basketball and Volleyball. (1 Credit)

Introduces skills, concepts, and rules to help teachers and coaches teach basketball and volleyball to youngsters in grades K-12. Focuses on helping teachers and coaches use positive transfer to enhance student learning. Explores and implements appropriate progressions for key skills and strategies in volleyball and basketball.

PETE 2330. Team Sports for the Physical Educator. (1 Credit)

Introduces skills, concepts, and rules to team sports appropriate for secondary physical education classes. Sports covered may vary due to weather and current popularity in local schools. Possible sports include: touch rugby, lacrosse, floor hockey, field hockey, flag football, and softball.

PETE 2340. Teaching Recreational and Outdoor Pursuits. (2 Credits)

Addresses the teaching skills, content analysis, planning and experience to instruct outdoor and lifetime pursuits such as strength training, disc games, orienteering, yoga, cooperative games and rock climbing for grades 7-12. Focuses on implementing developmentally appropriate progressions for teaching key skills and strategies.

PETE 2400. Skill Analysis Capstone. (1 Credit)

Prerequisite(s): PETE 2110, PETE 2120, PETE 2210, PETE 2220, PETE 2230, PETE 2310, PETE 2320, PETE 2330

Review and perform skills needed for successful demonstration in physical education classes, with emphasis on any skills not performed successfully in prerequisite courses. Utilizes cues and critical elements for teaching motor skills, movement concepts and strategies covered in prerequisite courses. Analyze skill performances and game strategies. Demonstrate minimum water safety techniques.

PETE 2500. Skill Analysis and Competency for PETE Majors. (3 Credits)

Provides instruction in all fundamental motor skills, movement concepts, and various fundamental sport skills. Covers appropriate progressions, lead-up activities, and games. Includes tinkling, lummi sticks, jump rope, juggling, and other activities appropriate for K-12 physical education. Requires initial assessment for skillful performance in physical education content areas.

Canvas Course Mats of \$70/McGraw applies.

PETE 2700. Foundations of Physical Education K-12 Teacher Education. (3 Credits)

Introduces the Physical Education K-12 Teacher Education Program. Includes introductions to National Initial Physical Education Teacher Standards, NASPE Standards, Appropriate Practices documents, Professional Associations, History and Philosophy of Physical Education, and Motor Development theories. Prepares students to succeed in the UVU PETE Program.

PETE 289R. Early Undergraduate Research in Physical Education Pedagogy. (1-4 Credits)

Prerequisite(s): EXSC 270G and departmental approval of research proposal.

Provides students an early opportunity to conduct research under the mentorship of a faculty member. Students will put in practice the theoretical knowledge gained in prior major courses. Students will create a significant intellectual or creative product that is appropriate for Physical Education Pedagogy and worthy of communication to a broader audience. May be repeated for a maximum of 6 credits toward graduation.

PETE 3100. Introduction to Physical Education Pedagogy. (3 Credits)

Prerequisite(s): PETE 2500 or permission of instructor, University Advanced Standing

Promotes the acquisition and application of effective teaching skills for K-12 physical education, including focus on the National Standards for Physical Education. Includes observations and experiences with K-12 students and faculty. Introduces and works toward meeting the National Initial Physical Education Teacher Education Standards. Introduces content necessary to succeed in all upper-division PETE courses.

PETE 3400. Elementary Classroom Teachers as Movement Educators. (2 Credits)

Prerequisite(s): (Admission to professional elementary education program or instructor approval) and University Advanced Standing

For elementary education majors. Presents characteristics of quality physical education programs. Encourages classroom teachers to incorporate physical activity throughout the day. Identifies appropriate practices and activities for teaching movement to all children.

PETE 3450. Special Populations in Physical Education. (3 Credits)

Prerequisite(s): PETE 3100, EDSP 340G, and University Advanced Standing

Involves planning and conducting physical education programs for children with special needs. Incorporates hands-on experiences working with individual with special needs. Analyzes of a variety of possible adaptations for individuals with physical, sensory, emotional, and/or intellectual impairments.

PETE 4200. Methods of Teaching Elementary Physical Education. (3 Credits)

Prerequisite(s): PETE 2500, PETE 2700, PETE 3100 and University Advanced Standing

Corequisite(s): PETE 4400

Pre- or Corequisite(s): PETE 2120

Promotes the analysis and development of elementary physical education curricula. Promotes curricular concepts through reading, lecture/discussion, movement, self-appraisal, and teaching children. Requires application of educational principles and techniques necessary for effective teaching in the elementary school. Emphasizes appropriate selection of curriculum content and transition to teaching/learning models. Offers unit and lesson planning and evaluation. Includes a substantial field experience.

Course lab fee of \$78 applies.

PETE 4250. Methods of Teaching Secondary Physical Education. (3 Credits)

Prerequisite(s): EXSC 3550, PETE 4200, PETE 4400, acceptance into UVU's Secondary Education program and University Advanced Standing

Provides opportunities for application of learning from all previous courses to the successful teaching of secondary physical education. Emphasizes the attainment of all current National Initial Physical Education Standards at the acceptable level or above.

PETE 4400. Assessment in Physical Education. (3 Credits)

Prerequisite(s): (MAT 1010 or higher mathematics course), PETE 3100, and University Advanced Standing

Corequisite(s): PETE 4200

Examines the need for valid assessment in K-12 physical education programs. Introduces a variety of assessment instruments. Analyzes the use of assessment to enhance learning and reliably determine student progress toward stated objectives. Promotes the development of a meaningful grading system that communicates student progress toward course objectives and SHAPE America standards.

PETE 481R. Physical Education Teacher Education Internship. (1-4 Credits)

Prerequisite(s): EXSC 1097, EXSC 3500, EXSC 3550, PETE 3100, and University Advanced Standing

Encourages students to apply learning in a professional setting. Allows students practical experience working at a physical education teaching or coaching related job. May be repeated for a maximum of 8 credits toward graduation. May be graded credit/no credit.

PETE 489R. Undergraduate Research in Physical Education Teacher Education. (1-4 Credits)

Prerequisite(s): PETE 3100, department approval of research proposal, and University Advanced Standing

Provides students the opportunity to conduct research under the mentorship of a faculty member. Students will put in practice the theoretical knowledge gained in prior major courses. Students will create a significant intellectual or creative product that is appropriate for Physical Education Pedagogy and worthy of communication to a broader audience. May be repeated for a maximum of 8 credits toward graduation.

PETE 4900. Student Teaching Seminar for Physical Education. (1 Credit)

Prerequisite(s): Admission to Professional Education Program, successful completion of all professional education and content courses, and University Advanced Standing

Corequisite(s): EDSC 4850

Supports student teachers during their student teaching experience. Examines each student's teaching experiences. Encourages students to integrate learning from all professional education and content courses. Discusses concerns related to current teaching experiences as well as future experiences. Investigates job seeking criteria and opportunities.