

# Substance Use Disorder Counsel (SUDC)

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## **SUDC 3430. Psychopharmacology for the Substance Use Disorder Counseling Field. (3 Credits)**

Prerequisite(s): Admission to the UVU SUDC program and University Advanced Standing

Addresses basic principles of nervous system function with emphasis on communication between nerve cells. Focuses on therapeutic drugs as well as drugs of abuse to include mechanisms of action and behavioral effects. Includes content on dynamics of addiction.

## **SUDC 3470. Dynamics of Addiction. (3 Credits)**

Prerequisite(s): Admission to the UVU SUDC program and University Advanced Standing

Explores processes contributing to development and maintenance of addiction. Addresses internal (genetics, motivation) and external (family dynamics, peer pressure) contributors. Includes issues related to drug policy, costs of addiction, and prevention/treatment of drug addiction.

## **SUDC 4300. Introduction to Substance Use Disorder Counseling. (3 Credits)**

Prerequisite(s): Admission to the UVU SUDC program and University Advanced Standing

Surveys concepts and practices of major therapeutic systems, with a focus on substance use disorder counseling. Introduces students to the major psychotherapeutic models of both individual and group counseling. Addresses basic counseling issues including ethics and professionalism. Develops skills in relationship development, interviewing, initial assessment and intake procedures.

## **SUDC 4400. Advanced Substance Use Disorder Counseling. (3 Credits)**

Prerequisite(s): Admission to the UVU SUDC Program, completion of SUDC 4300 with a C- grade or higher, and University Advanced Standing

Expands concepts and practices of major therapeutic systems, with a focus on advanced substance use disorder counseling. Continues coverage of major psychotherapeutic models of both individual and group therapy. Elaborates on basic counseling issues including ethics and professionalism. Continues to develop skills in relationship development, interviewing, initial assessment, and intake procedures.

## **SUDC 4710. Introduction to Professional Development. (2 Credits)**

Prerequisite(s): Admission to the UVU SUDC program and University Advanced Standing

Defines the scope of practice and legal and ethical obligations of substance abuse counselors. Examines the knowledge, skills, attitudes, legal obligations, and limitations of practice of professional substance abuse counselors. Introduces the 12 core functions.

## **SUDC 4720. Advanced Professional Development. (3 Credits)**

Prerequisite(s): Admission to the UVU SUDC program, completion of SUDC 4710 with a C- grade or higher, and University Advanced Standing

Expands on professional issues in Substance Use Disorder Counseling. Focuses on the 12 core functions of substance abuse, ethics, theories of substance abuse, and theory and practice of individual and group counseling.

## **SUDC 4810R. Internship. (1-8 Credits)**

Prerequisite(s): Admission to the UVU SUDC program, completion of SUDC 4710 with a C- grade or higher, instructor approval, and University Advanced Standing

Provides practical and research experience in the substance use disorder counseling field with a focus on the 12 core functions of substance use disorder counseling. Supervised by agency representative. Internships must be approved by the UVU SUDC program and written contracts must be signed. Requires students pursuing the SUDC license to complete a minimum of 200 hours of field experience. Requires students pursuing the ASUDC license to complete a minimum of 350 hours of field experience. May be repeated for a maximum of 8 hours toward graduation.