

Personal Development for Professional Advancement, Certificate of Proficiency

The courses in this certificate provide a flexible way for students and their advisors to choose a customized path for foundational success in college and increased employability through the theoretical and experiential learning of soft skills. Completion of this certificate can efficiently lead to the partial fulfillment of an additional certificate and associate degree.

Program Requirements

Code	Title	Credit Hours
Total Credit Hours		18
Developing Academic Independence - Complete 3 credits from the following:		3
SLSS 1050	Research Skills for Student Success	
SLSS 1000	University Student Success	
SLSS 1190	Power Learning Strategies	
SLSS 1195	Speed Reading	
ENGH 1005	Literacies and Composition Across Contexts CC	
Building Self-Knowledge for Self-Leadership - Complete 9 credits from the following:		9
SLSS 101R	Student Success Topics	
SLSS 103R	Student Leadership Development I	
SLSS 104R	Student Leadership Development II	
SLSS 1100	Stress Management	
SLSS 1200	The 7 Habits of Highly Effective People	
or SLSS 120H	The 7 Habits of Highly Effective People	
SLSS 2100	Major and Career Exploration	
SLSS 2500	Leader--Strengths-Based Leader/Coach	
Learning Experientially - Complete 6 credits from the following:		6
SLSS 2300	Leadership Mentoring II	
SLSS 240R	Mentoring Leadership Practicum	
MAT 240R	Math Mentor Leadership Practicum	
SLSS 281R	Internship	
UVST 1100	Prior Learning Assessment Portfolio	
UVST 289R	Undergraduate Research	
UVST 290R	Community Engagement and Applied Service Learning	

Graduation Requirements

- Complete 18 credits of course work.
- Earn a minimum 2.5 GPA in all certificate course work with no grades lower than a C-.
- Residency hours – minimum 5 credits required through course attendance at UVU.

Graduation Plan

This graduation plan is a sample plan and is intended to be a guide. Your specific plan may differ based on your Math and English placement and/or transfer credits applied. You are encouraged to meet with an advisor and set up an individualized graduation plan in Wolverine Track (<http://www.uvu.edu/wolverinetrack/>).

Given the nature of this certificate, students will take certificate courses mingled with other general education and/or major/minor courses. There is not a specific degree map that specifies when students will take courses. Below, is one option students *may* take during the first two semesters. Please see your advisor for all possible options.

First Year		Credit Hours
Semester 1		
SLSS 1000	University Student Success	3
SLSS 103R	Student Leadership Development I	3

SLSS 1100	Stress Management	3
Credit Hours		9
Semester 2		
SLSS 1200	The 7 Habits of Highly Effective People	3
SLSS 2300	Leadership Mentoring II	3
MAT 240R	Math Mentor Leadership Practicum	2
SLSS 281R	Internship	1
Credit Hours		9
Total Credit Hours		18

Program Learning Outcomes

1. Gain foundational skills that lead to increased student success in future courses and programs
2. Engage in experiential learning opportunities that enhance the acquisition of soft skills
3. Effectively articulate college and career readiness skills acquired during the program