

School Health Education, B.S.

The Bachelor of Science in School Health Education prepares students to serve as competent and effective school health educators. School Health Education graduates are equipped with knowledge and skills to help youth develop, improve, and maintain healthy lifestyles. School Health students will be prepared to plan, create, implement and assess health lesson plans in a school setting as they pertain to the State of Utah Health Curriculum. The School Health Education program at UVU provides a solid foundation in health knowledge, skills, and curriculum through various required courses, including: personal health and wellness, mental emotional health, nutrition, substance abuse, human diseases, human development, human sexuality, first aid and personal safety. In addition, School Health students will learn and practice skills to help them with the Educative Teacher Performance assessment (edTPA). School Health Educators work in secondary education school settings which are in the public, private, or charter sectors.

Matriculation Requirements

1. ENGL and MATH QL courses must have a grade C or higher.
2. GPA of 3.0 or higher with no grade lower than C in discipline core courses
3. Completion of all General Education requirements and 70% of content area courses.
4. Pass LiveScan Criminal Background Check.

Program Requirements

Code	Title	Credit Hours
Total Credit Hours		120
General Education Requirements		36 Credits
ENGL 1010 or ENGH 1005	Introduction to Academic Writing CC Literacies and Composition Across Contexts CC	3
ENGL 2010	Intermediate Academic Writing CC	3
MATH 1050 or MATH 1055	College Algebra QL College Algebra with Preliminaries QL	4
Complete one of the following:		3
HIST 2700 & HIST 2710	US History to 1877 AS and US History since 1877 AS (6)	
HIST 1700	American Civilization AS (3)	
HIST 1740	US Economic History AS (3)	
POLS 1000	American Heritage AS (3)	
POLS 1100	American National Government AS (3)	
Complete the following:		
PHIL 2050	Ethics and Values IH	3
HLTH 1100 or EXSC 1097	Personal Health and Wellness TE Fitness for Life TE	2
Distribution Courses:		
BIOL 1010 or BIOL 1610	General Biology BB College Biology I BB	3
Physical Science		3
Additional Biology or Physical Science		3
Humanities Distribution		3
Fine Arts Distribution		3
Social/Behavioral Science		3
Discipline Core Requirements		74 Credits
HLSC 1200	First Aid	3
HLSC 1300	Medical Terminology and Functional Anatomy	3
HLTH 2050	Public Mental Health	3
HLSC 2400	Mental Health and Mindful Resilience	3
HLSC 2600	Drugs Behavior and Society SS	3

HLSC 2800	Human Sexuality SS	3
HLTH 3200	Principles of Community Health	3
HLSC 3230	Professional Development	3
HLTH 3260	Health Behavior Theory and Practice	3
HLSC 3400	Human Diseases	3
HLTH 3450	Public Health and the Environment	3
HLSC 4100	Health Education Curriculum for Secondary Teachers	3
HLSC 4200	Health Education Teaching Methods WE	3
NUTR 1020	Foundations of Human Nutrition	3
Secondary Education Courses: <small>Must be completed with a grade of B- or higher</small>		
EDSC 1010	Introduction to Education	2
EDSC 3000	Educational Psychology	3
EDSC 325G	Equitable Technology Integration GI	2
EDSC 4200	Classroom Management I <small>Dance Education majors take DANC 4430 in place of EDSC 4200</small>	2
EDSC 4250	Classroom Management II	2
EDSC 4440	Content Area Literacies <small>English Education majors take ENGL 4210, 4220, 4230 in place of EDSC 4440</small>	3
EDSC 445G	Multicultural and Multilingual Education	3
EDSC 455G	Secondary Curriculum Instruction and Assessment GI	3
EDSC 4850	Student Teaching Secondary	8
EDSC 4990	Teacher Assessment Project	2
EDSP 340G	Exceptional Students GI	2
Elective Requirements		10
		Credits
Complete 10 credits of any course 1000 or higher		10

Graduation Requirements

1. Completion of a minimum of 120 semester credits with a minimum of 40 upper-division credits. A minimum of at least 10 hours earned in the last 45 hours must be earned at UVU.
2. Overall GPA of 3.0 or above with no grade lower than a C in major required discipline core courses and no grade lower than a B- in Licensure and Methods courses.
3. Completion of GE and specified departmental requirements.
4. Successful completion of at least one Global/Intercultural course.
5. Successful completion of at least two Writing Enriched courses.

Graduation Plan

This graduation plan is a sample plan and is intended to be a guide. Your specific plan may differ based on your Math and English placement and/or transfer credits applied. You are encouraged to meet with an advisor and set up an individualized graduation plan in Wolverine Track (<http://www.uvu.edu/wolverinetrack/>).

First Year

Semester 1		Credit Hours
ENGL 1010 or ENGH 1005	Introduction to Academic Writing CC or Literacies and Composition Across Contexts CC	3
HLTH 1100 or EXSC 1097	Personal Health and Wellness TE or Fitness for Life TE	2
American Institutions		3
Fine Arts		3
Physical Science		3
Electives		1
Credit Hours		15
Semester 2		Credit Hours
ENGL 2010	Intermediate Academic Writing CC	3
HLSC 2600	Drugs Behavior and Society SS	3
MATH 1050 or MATH 1055	College Algebra QL or College Algebra with Preliminaries QL	4
Social Science		3

NUTR 1020	Foundations of Human Nutrition	3
Credit Hours		16
Second Year		
Semester 3		
BIOL 1010 or BIOL 1610	General Biology BB or College Biology I BB	3
PHIL 2050	Ethics and Values IH	3
HLSC 2800	Human Sexuality SS	3
Humanities		3
HLTH 3200	Principles of Community Health	3
Credit Hours		15
Semester 4		
HLSC 1200	First Aid	3
HLSC 1300	Medical Terminology and Functional Anatomy	3
HLTH 2050	Public Mental Health	3
Third Science (NUTR 2020 strongly recommended)		3
HLSC 2400	Mental Health and Mindful Resilience	3
Credit Hours		15
Third Year		
Semester 5		
HLSC 3230	Professional Development	3
HLTH 3260	Health Behavior Theory and Practice	3
HLSC 3400	Human Diseases	3
HLTH 3450	Public Health and the Environment	3
HLSC 4100	Health Education Curriculum for Secondary Teachers	3
EDSC 1010	Introduction to Education	2
Credit Hours		17
Semester 6		
EDSP 340G	Exceptional Students GI	2
HLSC 4200	Health Education Teaching Methods WE (Spring only)	3
EDSC 3000	Educational Psychology	3
EDSC 4440	Content Area Literacies	3
EDSC 445G	Multicultural and Multilingual Education	3
Credit Hours		14
Fourth Year		
Semester 7		
EDSC 325G	Equitable Technology Integration GI	2
EDSC 455G	Secondary Curriculum Instruction and Assessment GI	3
EDSC 4200	Classroom Management I	2
Electives		9
Credit Hours		16
Semester 8		
EDSC 4250	Classroom Management II	2
EDSC 4850	Student Teaching Secondary	8
EDSC 4990	Teacher Assessment Project	2
Credit Hours		12
Total Credit Hours		120

Program Learning Outcomes

1. Prepare and teach developmentally appropriate lessons or learning experiences that lead to achieving health objectives based on the Utah State Secondary Health Education Core Curriculum.
2. Utilize effective instructional methods and pedagogy to deliver developmentally appropriate lessons or learning experiences that lead to achieving health objectives.
3. Create and maintain a positive, productive, safe, student-centered learning environment to facilitate student learning.
4. Utilize formative and summative assessment strategies to determine if students have achieved the desired learning objectives.