

School Health Education, Minor

The School Health Education minor is for secondary education students and teachers looking to endorse in School Health Education. Matriculation Requirements

1. Must be accepted into a Secondary Education major program.

Program Requirements

Code	Title	Credit Hours
Total Credit Hours		24
Discipline Core Requirements		24 Credits
NUTR 1020	Foundations of Human Nutrition	3
HLSC 1200	First Aid	3
HLTH 2050	Public Mental Health	3
HLSC 2400	Mental Health and Mindful Resilience	3
HLSC 2600	Drugs Behavior and Society SS	3
HLSC 2800	Human Sexuality SS	3
HLSC 4100	Health Education Curriculum for Secondary Teachers	3
HLSC 4200	Health Education Teaching Methods WE	3

Graduation Requirements

1. GPA of 3.0 or higher with no grade lower than a C in discipline core courses.

Graduation Plan

This graduation plan is a sample plan and is intended to be a guide. Your specific plan may differ based on your Math and English placement and/or transfer credits applied. You are encouraged to meet with an advisor and set up an individualized graduation plan in Wolverine Track (<http://www.uvu.edu/wolverinetrack/>).

First Year

Semester 1		Credit Hours
HLSC 1200	First Aid	3
HLSC 2600	Drugs Behavior and Society SS	3
HLSC 2800	Human Sexuality SS	3
HLSC 4100	Health Education Curriculum for Secondary Teachers	3
Credit Hours		12

Semester 2

HLTH 2050	Public Mental Health	3
HLSC 2400	Mental Health and Mindful Resilience	3
HLSC 4200	Health Education Teaching Methods WE	3
NUTR 1020	Foundations of Human Nutrition	3
Credit Hours		12
Total Credit Hours		24

Program Learning Outcomes

1. Prepare and teach developmentally appropriate lessons or learning experiences that lead to achieving health objectives based on the Utah State Secondary Health Education Core Curriculum