

# Family Science, B.S.

The Family Studies program closely aligns with the requirements of the National Council on Family Relations (NCFR). NCFR is the premier professional association in the family science field, and these standards require that students gain knowledge and expertise in ten key areas and is an approved program for the Certified Family Life Educator (CFLE).

## Program Requirements

Code	Title	Credit Hours
<b>Total Credit Hours</b>		<b>120</b>
<b>General Education Requirements</b>		<b>35 Credits</b>
ENGL 1010 or ENGH 1005	Introduction to Academic Writing CC Literacies and Composition Across Contexts CC	3
ENGL 2010	Intermediate Academic Writing CC	3
Complete one of the following:		3
MAT 1030	Quantitative Reasoning QL (3) (recommended)	
MAT 1035	Quantitative Reasoning with Integrated Algebra QL (6) (recommended)	
STAT 1040	Introduction to Statistics QL (3)	
STAT 1045	Introduction to Statistics with Algebra QL (5)	
MATH 1050	College Algebra QL (4)	
MATH 1055	College Algebra with Preliminaries QL (5)	
MATH 1090	College Algebra for Business QL (3)	
Complete one of the following:		3
POLS 1000	American Heritage AS (3)	
POLS 1100	American National Government AS (3)	
HIST 1700	American Civilization AS (3)	
HIST 1740	US Economic History AS (3)	
HIST 2700 & HIST 2710	US History to 1877 AS and US History since 1877 AS (6)	
Complete the following:		
PHIL 2050	Ethics and Values IH	3
HLTH 1100 or EXSC 1097	Personal Health and Wellness TE Fitness for Life TE	2
Distribution Courses:		
Biology		3
Physical Science		3
Third Science - Additional Biology of Physical Science		3
Fine Arts		3
Humanities		3
Social/Behavioral Science		3
<b>Discipline Core Requirements</b>		<b>36 Credits</b>
FAMS 1150	Marriage and Relationship Skills SS	3
FAMS 1500	Human Development Life Span SS	3
FAMS 240G	Contemporary Family Relations SS GI	3
FAMS 2705	Ethics for Family Interventions WE	3
FAMS 2800	Teaching Human Sexuality	3
FAMS 3050	Clinical Practice for Helping Professions	3
FAMS 3250	Applied Parenting	3
FAMS 4400	Family Policy and Advocacy	3
FAMS 4500	Family Life Education Methodology WE	3
FAMS 4660	Family Resource Management	3

FAMS 4670	Family Dynamics and Systems	3
Complete one of the following (students with extraordinary circumstances may petition the internship coordinator for an acceptable substitution for internship credit):		3
FAMS 481R	Community Practicum (3) <sup>1</sup>	
FAMS 482R	Stronger Families Practicum (3) <sup>1</sup>	
<b>Elective Requirements</b>		<b>49</b>
		<b>Credits</b>
Complete 24 hours of electives (19 of which must be upper division). Students should select courses that complement Family Science or that meet their personal goals.		24
Complete any course 1000 or higher.		25

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Students must earn a B- or better for graduation requirements.

## Graduation Requirements

1. Completion of a minimum of 120 credits, 40 of which must be 3000 level or higher.
2. Minimum overall UVU GPA of 2.0 upon graduation.
3. Minimum 2.5 program GPA upon graduation.
4. Residency hours – minimum of 30 credit hours through course attendance at UVU, with at least 10 hours earned in the last 45 hours.
5. All major course work taken to meet Behavioral Science requirements must be completed with a grade of C- or better.
6. Successful completion of at least one Global/Intercultural course.
7. Successful completion of at least two WE courses.

Note: Please see department advisor for explanation of all program requirements, a list of recommended classes, and for assistance with creating an academic plan for graduation.

Note: If a student has completed an associate degree through another institution, the required general education courses may be waived.

Note: Students need to pass ENGL 1010 Introduction to Academic Writing CC or ENGH 1005 Literacies and Composition Across Contexts CC and ENGL 2010 Intermediate Writing/Academic Writing and Research CC or ENGL 201H Intermediate Academic Writing CC with a C or higher for the Family Science degree courses.

## Graduation Plan

This graduation plan is a sample plan and is intended to be a guide. Your specific plan may differ based on your Math and English placement and/or transfer credits applied. You are encouraged to meet with an advisor and set up an individualized graduation plan in Wolverine Track (<http://www.uvu.edu/wolverinetrack/>).

### First Year

Semester 1		Credit Hours
ENGL 1010 or ENGH 1005	Introduction to Academic Writing CC or Literacies and Composition Across Contexts CC	3
Quantitative Literacy		3
FAMS 240G	Contemporary Family Relations SS GI	3
Social Science		3
Elective (Any course 1000 or higher)		3
<b>Credit Hours</b>		<b>15</b>
Semester 2		Credit Hours
ENGL 2010	Intermediate Academic Writing CC	3
Fine Arts		3
HLTH 1100 or EXSC 1097	Personal Health and Wellness TE or Fitness for Life TE	2
Biology		3
Elective (Any course 1000 or higher)		3
Elective (Any course 1000 or higher)		2
<b>Credit Hours</b>		<b>16</b>

### Second Year

Semester 3		Credit Hours
PHIL 2050 or PHIL 205G	Ethics and Values IH or Ethics and Values IH GI	3
FAMS 1150	Marriage and Relationship Skills SS	3

Physical Science		3
Elective (Any course 1000 or higher)		3
Elective (Any course 1000 or higher)		3
	<b>Credit Hours</b>	<b>15</b>
<b>Semester 4</b>		
FAMS 1500	Human Development Life Span SS	3
FAMS 2800	Teaching Human Sexuality	3
American Institutions		3
Third Science		3
Humanities		3
Elective (Any course 1000 or higher)		1
	<b>Credit Hours</b>	<b>16</b>
<b>Third Year</b>		
<b>Semester 5</b>		
FAMS 3050	Clinical Practice for Helping Professions	3
FAMS 4500	Family Life Education Methodology WE	3
FAMS 2705	Ethics for Family Interventions WE	3
Elective (Any course 1000 or higher)		3
Elective (Upper-division - 3000 or higher)		3
	<b>Credit Hours</b>	<b>15</b>
<b>Semester 6</b>		
FAMS 4400	Family Policy and Advocacy	3
FAMS 3250	Applied Parenting	3
Elective (Any course 1000 or higher)		3
Elective (Any course 1000 or higher)		3
Elective (Upper-division - 3000 or higher)		3
	<b>Credit Hours</b>	<b>15</b>
<b>Fourth Year</b>		
<b>Semester 7</b>		
FAMS 481R or FAMS 482R	Community Practicum or Stronger Families Practicum	2
FAMS 4670	Family Dynamics and Systems	3
Elective (Any course 1000 or higher)		3
Elective (Upper-division - 3000 or higher)		3
Elective (Upper-division - 3000 or higher)		3
	<b>Credit Hours</b>	<b>14</b>
<b>Semester 8</b>		
FAMS 4660	Family Resource Management	3
Elective (Any course 1000 or higher)		3
Elective (Upper-division - 3000 or higher)		3
Elective (Upper-division - 3000 or higher)		3
Elective (Upper-division - 3000 or higher)		2
	<b>Credit Hours</b>	<b>14</b>
	<b>Total Credit Hours</b>	<b>120</b>

## Program Learning Outcomes

1. Create educational interventions for individuals and families.
2. Demonstrate knowledge and skills related to the ten areas outlined for Certified Family Life Educators by the National Council on Family Relations
3. Apply best practices for communication and conflict management in interpersonal relationships and family systems
4. Demonstrate the ability to work with diverse populations and under served communities