

# Family Science, Minor

This minor provides individuals insight into relationship and group dynamics. This includes important relationship skills, such as speaking, listening, and other communication skills that could be applied to family and professional settings. Content in the minor may also include important research findings and evidence-based curricula listed on the National Registry of Evidenced-based Programs and Practices (NREPP) on the SAMHSA website.

## Program Requirements

Code	Title	Credit Hours
<b>Total Credit Hours</b>		<b>18</b>
<b>Discipline Core Requirements</b>		<b>18 Credits</b>
Required Courses		
FAMS 240G	Contemporary Family Relations SS GI	3
Complete 15 credits from the following:		15
FAMS 1150	Marriage and Relationship Skills SS (3)	
FAMS 1500	Human Development Life Span SS (undefined)	
FAMS 3250	Applied Parenting (3)	
FAMS 3800	Early Development in Families (3)	
FAMS 3850	Adult Development and Aging (3)	
FAMS 4660	Family Resource Management (3)	
FAMS 4670	Family Dynamics and Systems (3)	

## Graduation Requirements

All course work taken to meet Behavioral Science requirements must be completed with a grade of C- or better.

## Graduation Plan

This graduation plan is a sample plan and is intended to be a guide. Your specific plan may differ based on your Math and English placement and/or transfer credits applied. You are encouraged to meet with an advisor and set up an individualized graduation plan in Wolverine Track (<http://www.uvu.edu/wolverinetrack/>).

### First Year

Semester 1		Credit Hours
FAMS 240G	Contemporary Family Relations SS GI	3
FAMS 1500	Human Development Life Span SS	3
FAMS 1150	Marriage and Relationship Skills SS	3
<b>Credit Hours</b>		<b>9</b>

### Semester 2

Complete any three of the following:		9
FAMS 3250	Applied Parenting	
FAMS 3800	Early Development in Families	
FAMS 3850	Adult Development and Aging	
FAMS 4660	Family Resource Management	
FAMS 4670	Family Dynamics and Systems	
<b>Credit Hours</b>		<b>9</b>
<b>Total Credit Hours</b>		<b>18</b>

## Program Learning Outcomes

1. Describe the purpose of educational interventions for individuals and families.
2. Demonstrate knowledge and skills related to at least one third of the ten areas outlined for Certified Family Life Educators by the National Council on Family Relations.
3. Identify best practices for communication and conflict management in interpersonal relationships and family systems.