

Gerontology, Minor

Visit the Social and Behavioral Department page (<https://www.uvu.edu/besc/>) for more information on the program and access to advising.

Program Description

The Gerontology Minor prepares students to understand and address the different and evolving needs of the aging population. Through interdisciplinary courses aligned with the Association for Gerontology in Higher Education competencies, students learn to identify both simple and complex issues affecting older adults, develop appropriate strategies and protocols, and implement these plans in real-world contexts. The minor is designed to complement a variety of majors in human, health, and public services by equipping students with practical, career-ready skills for work with older adults and their families.

Program Requirements

Code	Title	Credit Hours
Total Credit Hours		18 Credits
Discipline Core Requirements		9
Complete 9 credits from this list of core classes:		9
FAMS 1500 or PSY 1100	Human Development Life Span (3) Human Development Life Span	
SOC 3750G or HLTH 3300 or NURS 2420	Sociology of Aging (3) Health Promotion for Older Adults Nursing Care of the Aging Population	
SW 3550G or HLTH 3000 or NURS 4230	The Study of Death Dying and Grieving (3) Health Concepts of Death and Dying Palliative Care in Nursing	
Elective Requirements ¹		9 Credits
Complete 6 credit hours from the elective course list:		6
FAMS 3850 or PSY 3220	Adult Development and Aging (3) Adult Development and Aging	
FAMS 2800 or HLSC 2800 or PSY 2800	Teaching Human Sexuality (3) Human Sexuality Human Sexuality	
FAMS 3500	Family Demography (3)	
FAMS 4500	Family Life Education Methodology (3)	
FAMS 4660	Family Resource Management (3)	
COMM 3410	Fundamentals of Mediation and Negotiation (3)	
EXSC 4100	Physiology of Aging (3)	
HLSC 3400	Human Diseases (3)	
HLTH 2840	Womens Health Issues (3)	
HLTH 3500G	International Health (3)	
HLTH 3800	Epidemiology (3)	
HLTH 4400G	Health and Diversity (3)	
HLTH 4900R	Special Topics in Public Health (1-3)	
NURS 2325 or NURS 3335 or NURS 3405	Nursing Practice Simulation and Skills Lab I (2) Nursing Care of Individuals with Complex Health Needs Clinical Patient Care Coordination and Management Preceptorship	
NUTR 2020	Nutrition Through the Life Cycle (3)	
PSY 2300	Abnormal Psychology (3)	
PSY 2420	Cognitive Psychology (3)	
SW 1010	Introduction to Social Work (3)	

SW 2100	Human Behavior and the Social Environment I (3)	
SW 3400	Human Behavior and the Social Environment II (3)	
Complete any 3 credits from Internship/Research courses:		3
EXSC 4810R	Internship in Exercise Science (1-8)	
FAMS 4810R	Community Practicum (1-8)	
FAMS 4820R	Stronger Families Practicum (1-8)	
HLTH 4820R	Health Internship (1-6)	
NURS 4240	Promoting Active Senior Lifestyles (2)	
NURS 4810R	Internship in Nursing (1-3)	
NURS 4890R	Undergraduate Research in Nursing (1-4)	
NURS 4900R	Special Topics in Nursing (1-4)	
NURS 4950R	Independent Study in Nursing (1-3)	
PSY 4820R	Internship Seminar (1)	
SW 4820	Field I Practicum (undefined)	

¹ 1. At least 9 credit hours completed must be upper-division (3000 level and above).

Graduation Requirements

1. Completion of a minimum of 18 semester credits.
2. At least 9 credit hours completed must be upper-division (3000 level and above).
3. Overall GPA of 2.0 or above upon graduation.
4. Residency hours - minimum of 5 credit hours through course attendance at UVU.
5. Must be completed with an approved bachelor's degree.

Graduation Plan

This graduation plan is a sample plan and is intended to be a guide. Your specific plan may differ based on your Math and English placement and/or transfer credits applied. You are encouraged to meet with an advisor and set up an individualized graduation plan in Wolverine Track (<http://www.uvu.edu/wolverinetrack/>).

First Year		Credit Hours
Semester 1		
FAMS 1500 or PSY 1100	Human Development Life Span or Human Development Life Span	3
SOC 3750G or NURS 2420 or HLTH 3300	Sociology of Aging or Nursing Care of the Aging Population or Health Promotion for Older Adults	3
Complete 3 credit hours from the elective course list		3
		Credit Hours
		9
Semester 2		
SW 3550G or HLTH 3000 or NURS 4230	The Study of Death Dying and Grieving or Health Concepts of Death and Dying or Palliative Care in Nursing	3
Complete 3 credit hours from the elective course list		3
Complete any 3 credits from Internship/Research courses		3
		Credit Hours
		9
		Total Credit Hours
		18

Program Learning Outcomes

1. Identify simple and complex issues that face the aging and older adult population.
2. Develop plans, protocols, and strategies to address issues within the aging and older adult population.
3. Implement plans and strategies while working with aging and older adults.

Medical scientists, except epidemiologists

- Total Positions 146,600
- Field Growth 11.5%

- Median Salary\$100,890
- Average Openings8.9

Social scientists and related workers, all other

- Total Positions39,200
- Field Growth3.4%
- Median Salary\$95,890
- Average Openings3.5

Health specialties teachers, postsecondary

- Total Positions284,200
- Field Growth18.8%
- Median Salary\$105,650
- Average Openings28.4

Social work teachers, postsecondary

- Total Positions15,100
- Field Growth3.6%
- Median Salary\$75,020
- Average Openings1.2