

# Interdisciplinary Gerontology, Certificate of Proficiency

This is an interdisciplinary undergraduate gerontology certificate that allows students to build a unique set of credentials they compose from a menu of existing UVU courses that meet the guidelines set forth by the Association for Gerontology in Higher Education (AGHE).

## Program Requirements

Code	Title	Credit Hours
<b>Total Credit Hours</b>		<b>18</b>
<b>Discipline Core Requirements</b>		<b>9 Credits</b>
Complete 9 credits from this list of core classes:		9
PSY 1100 or FAMS 1500	Human Development Life Span SS (3)	
SOC 375G	Sociology of Aging GI (3)	
SW 355G	The Study of Death Dying and Grieving GI (undefined)	
<b>Elective Requirements</b>		<b>9 Credits</b>
Complete 6 credits hours from the elective course list:		6
FAMS 3850	Adult Development and Aging (3)	
EXSC 4100	Physiology of Aging (3)	
FAMS 2800 or HLSC 2800 or PSY 2800	Teaching Human Sexuality (3)	
COMM 3410	Fundamentals of Mediation and Negotiation (3)	
FAMS 4300	Family Dispute Resolution (3)	
FAMS 4500	Family Life Education Methodology WE (3)	
FAMS 4660	Family Resource Management (3)	
HLTH 3240	Women's Health Issues (3)	
HLTH 350G	International Health GI (3)	
HLTH 3300	Health Promotion for Older Adults (3)	
HLSC 3400	Human Diseases (3)	
HLTH 3800	Epidemiology (3)	
NURS 2325 or NURS 2415 or NURS 3335 or NURS 3405 or NURS 4325	Nursing Practice Simulation and Skills Lab I (2)	
NURS 2420	Nursing Care of the Aging Population (2)	
NURS 4230	Palliative Care in Nursing (3)	
NUTR 2020	Nutrition Through the Life Cycle BB (3)	
PSY 3220	Adult Development and Aging (3)	
PSY 2300	Abnormal Psychology (undefined)	
PSY 3420	Cognitive Psychology (3)	
SW 1010	Introduction to Social Work (3)	
SW 2100	Human Behavior and the Social Environment I (3)	
SW 3400	Human Behavior and the Social Environment II (3)	
Complete any 3 credits from AGHE Competency III (part 11) Internship/Research Courses:		3
EXSC 481R	Internship in Exercise Science (1-8)	
FAMS 481R	Community Practicum (1-8)	
HLTH 482R	Health Internship (1-8)	

NURS 4240	Promoting Active Senior Lifestyles (2)
NURS 481R	Internship in Nursing (1-3)
NURS 489R	Undergraduate Research in Nursing (1-4)
NURS 490R	Special Topics in Nursing (1-4) <sup>1,2</sup>
NURS 495R	Independent Study in Nursing (1-3)
PSY 482R	Internship Seminar (1)
SW 481R	Field Placement (1-8)

1

If course not already taken.

2

Must have departmental approval as course matter rotates.

## Graduation Requirements

1. Completion of a Minimum of 18 Semester Credits.
2. Overall GPA of 2.0 or above upon graduation.
3. Residency hours -- minimum of 5 credit hours through course attendance at UVU.

## Graduation Plan

This graduation plan is a sample plan and is intended to be a guide. Your specific plan may differ based on your Math and English placement and/or transfer credits applied. You are encouraged to meet with an advisor and set up an individualized graduation plan in Wolverine Track (<http://www.uvu.edu/wolverinetrack/>).

### First Year

Semester 1		Credit Hours
FAMS 1500 or PSY 1100	Human Development Life Span SS or Human Development Life Span SS	3
SOC 375G	Sociology of Aging GI	3
Complete 3 credits hours from the elective course list		3
<b>Credit Hours</b>		<b>9</b>
Semester 2		Credit Hours
Complete 3 credits hours from the elective course list		3
Complete any 3 credits from AGHE Competency III (part 11) Internship/Research Courses		3
SW 355G	The Study of Death Dying and Grieving GI	3
<b>Credit Hours</b>		<b>9</b>
<b>Total Credit Hours</b>		<b>18</b>

## Program Learning Outcomes

1. Identify simple and complex issues that the gerontology population face.
2. Develop plans, protocols, and strategies to address issues within the gerontology population.
3. Implement plans and strategies while working with the gerontology population.