

Marriage and Family Therapy, M.A.

The Master in Marriage and Family Therapy (MFT) trains students to be professionally competent in the field of marriage and family therapy. Through the application of systemic theories, skills, and ethics, students are prepared to serve a diverse client population. Students who successfully complete the program, including academic course work and supervised clinical practica, will be eligible for employment and licensure as an Associate Marriage and Family Therapist in the state of Utah. This program is offered in collaboration with the Behavioral Science Department and the family science undergraduate degree.

Matriculation Requirements:

1. Completion of a bachelor's degree from a regionally-accredited college/university, a nationally accredited program, or an international college or university recognized by a Ministry of Education.
2. Admission to the Marriage and Family Therapy, M.A. program

Program Requirements

Code	Title	Credit Hours
Total Credit Hours		54
Complete the following core courses:		
MFT 6000	Systemic Foundations of Marriage and Family Therapy	3
MFT 6010	Contemporary Approaches to MFT	3
MFT 6100	Ethical Issues in Marriage and Family Therapy	3
Complete the following therapy classes:		
MFT 6200	Systemic Assessment and Diagnosis	3
MFT 6210	Couples Therapy	3
MFT 6220	Group Therapy	2
MFT 6230	Family Therapy	3
MFT 6240	Individual Therapy	2
Complete the following developmental courses:		
MFT 6300	Working with Diversity in MFT	3
MFT 6310	Child and Adolescent Development	3
MFT 6320	Adult Issues in Human Development	3
Complete the following specialty courses:		
MFT 6400	Research in Marriage and Family Therapy	3
MFT 6500	Community Intervention	1
MFT 6510	Contemporary Issues in MFT	1
MFT 6520	Clinical Business Development and Practice	2
MFT 6600	Capstone in MFT	1
Complete the practicum series:		
MFT 690R	Pre-Practicum	3
MFT 691R	Practicum I	3
MFT 692R	Practicum II	3
MFT 693R	Practicum III	3
MFT 694R	Practicum IV	3

Graduation Requirements:

1. Complete 54 credits with a minimum GPA of 3.0 with a B- or higher in every class.
2. Complete program clinical and supervision hour requirements.
3. Complete program capstone requirements demonstrating achievement of student learning outcomes.
4. 42 credits must be taken at UVU. No more than 12 transfer credits will be accepted.

Graduation Plan

This graduation plan is a sample plan and is intended to be a guide. Your specific plan may differ based on your Math and English placement and/or transfer credits applied. You are encouraged to meet with an advisor and set up an individualized graduation plan in Wolverine Track (<http://www.uvu.edu/wolverinetrack/>).

First Year

Semester 1		Credit Hours
MFT 6000	Systemic Foundations of Marriage and Family Therapy	3
MFT 6100	Ethical Issues in Marriage and Family Therapy	3
MFT 6200	Systemic Assessment and Diagnosis	3
MFT 690R	Pre-Practicum	3
Credit Hours		12

Semester 2

MFT 6010	Contemporary Approaches to MFT	3
MFT 6210	Couples Therapy	3
MFT 6220	Group Therapy	2
MFT 6500	Community Intervention	1
MFT 691R	Practicum I	3
Credit Hours		12

Second Year

Semester 3		Credit Hours
MFT 6300	Working with Diversity in MFT	3
MFT 6230	Family Therapy	3
MFT 692R	Practicum II	3
Credit Hours		9

Semester 4

MFT 6310	Child and Adolescent Development	3
MFT 6400	Research in Marriage and Family Therapy	3
MFT 6240	Individual Therapy	2
MFT 6510	Contemporary Issues in MFT	1
MFT 693R	Practicum III	3
Credit Hours		12

Third Year

Semester 5		Credit Hours
MFT 6320	Adult Issues in Human Development	3
MFT 6520	Clinical Business Development and Practice	2
MFT 6600	Capstone in MFT	1
MFT 694R	Practicum IV	3
Credit Hours		9
Total Credit Hours		54

Program Learning Outcomes

1. Differentiate and apply foundational relational/systemic practice, theories and models.
2. Conduct systemic/relational assessment and treatment with individuals, couples and families.
3. Articulate the impact of human development (including ethnicity, gender and sexual identity on biopsychosocial health across the lifespan).
4. Demonstrate understanding of professional identity and adherence to the law, ethics and social responsibility.
5. Investigate research methodology and data analysis and synthesize evidence based practice in MFT.
6. Review contemporary issues in MFT, including: current intersections of knowledge and practice, community intersections and collaboration, and clinical business development.
7. Demonstrate competence in applying MFT skills within the local community.