

# Psychology, B.A.

The BA in Psychology is designed for students who desire a full bachelor's degree in psychology. The degree will prepare students for careers and further education in Utah, the Mountain West, and nationwide by (a) creating a curriculum built around the five pillars of psychology described by the American Psychological Association (APA); (b) emphasizing skills desired by employers (e.g., written communication, critical thinking, working in teams); and (c) providing engaged learning experiences (e.g., service-learning, internship, capstone) about current psychological topics.

## Program Requirements

Code	Title	Credit Hours
<b>Total Credit Hours</b>		<b>120</b>
<b>General Education Requirements</b>		<b>36 Credits</b>
ENGL 1010 or ENGL 1005	Introduction to Academic Writing CC Literacies and Composition Across Contexts CC	3
ENGL 2010	Intermediate Academic Writing CC	3
Complete one of the following:		3
MAT 1030	Quantitative Reasoning QL (3)	
MAT 1035	Quantitative Reasoning with Integrated Algebra QL (6)	
STAT 1040	Introduction to Statistics QL (3)	
STAT 1045	Introduction to Statistics with Algebra QL (5)	
MATH 1050	College Algebra QL (4)	
MATH 1055	College Algebra with Preliminaries QL (5)	
MATH 1090	College Algebra for Business QL (3)	
Complete one of the following:		3
POLS 1000	American Heritage AS (3)	
POLS 1100	American National Government AS (3)	
HIST 1700	American Civilization AS (3)	
HIST 1740	US Economic History AS (3)	
HIST 2700 & HIST 2710	US History to 1877 AS and US History since 1877 AS (6)	
Complete the following:		
PHIL 2050	Ethics and Values IH	3
HLTH 1100 or EXSC 1097	Personal Health and Wellness TE Fitness for Life TE	2
Distribution Courses		
Biology		3
Physical Science		3
Additional Biology or Physical Science		3
Humanities (fulfilled with Foreign Language 202G/2020 course)		4
Fine Arts		3
PSY 1010	General Psychology SS (fulfills Social/Behavioral Science)	3
<b>Discipline Core Requirements</b>		<b>33 Credits</b>
Psychology Core		
PSY 2020	Psychology as a Science and Profession WE	3
PSY 3030	Research Methods for Psychology WE	4
PSY 3110	Statistics for the Behavioral Sciences	4
Psychology Foundations-Complete 9 Credits <sup>1</sup>		9
PSY 1100	Human Development Life Span SS (3)	
PSY 2710	Introduction to Brain and Behavior SS (3)	
PSY 2300	Abnormal Psychology (3)	
PSY 3420	Cognitive Psychology (3)	

PSY 350G	Social Psychology GI (3)	
Individual Differences Requirement - Complete 3 credits		3
PSY 2800	Human Sexuality SS (3)	
PSY 3100	Psychology of Gender (3)	
PSY 3300	Motivation and Emotion (3)	
PSY 3460	Personality Theory (3)	
PSY 4150	Tests and Measurements (3)	
PSY 4690	Human Intelligence (3)	
PSY 480G	Cross-Cultural Psychology GI (3)	
Advanced Psychology Requirement - Complete 10 credits <sup>1</sup>		10
PSY 3105	Health Psychology (3)	
PSY 3200	Infant and Child Development (3)	
PSY 3210	Adolescent Development (3)	
PSY 3220	Adult Development and Aging (3)	
PSY 3420	Cognitive Psychology (3) (if not already taken for Psychology Foundations)	
PSY 3425	Cognitive Psychology Lab (1)	
PSY 3430	Psychopharmacology (3)	
PSY 3450	Behavioral Neuroscience (4)	
PSY 3480	Principles of Learning (4)	
PSY 3490	Sensation and Perception (4)	
PSY 3710	Introduction to Forensic Psychology (3)	
PSY 4300	Introduction to Counseling and Psychotherapy (3)	
PSY 4400	Introduction to Group Psychotherapy (3)	
PSY 4500	History and Systems of Psychology (3)	
PSY 4850	Introduction to Pedagogy (3)	
<b>Elective Requirements</b>		<b>51</b>
		<b>Credits</b>
Complete 12 credits of one Foreign Language, including ASL (Foreign Language 202G/2020 course fulfills Humanities Distribution)		12
Complete 39 credits of electives including 22 upper division <sup>2</sup>		39

1

Graduation requires a minimum of two Writing Enriched courses. One must be taken from Psychology Foundations or the Advanced Psychology Requirement.

2

Students must complete a minimum of 40 upper-division credits for graduation. Depending on courses completed for Psychology Foundations and Individual Differences, students may need to select additional upper-division electives.

## Graduation Requirements

1. Completion of a minimum of 120 credits, 40 of which must be 3000 level or higher.
2. Minimum overall UVU GPA of 2.0 upon graduation.
3. Minimum 2.5 program GPA upon graduation.
4. Residency hours--minimum of 30 credit hours through course attendance at UVU, with at least 10 hours earned in the last 45 hours.
5. All major course work taken to meet Psychology requirements must be completed with a grade of C- or better.
6. For the BA degree, completion of 16 credit hours of course work from one language to include the 1010, 1020, 2010, 202G/2020 levels or transferred equivalents.
7. Successful completion of at least one Global/Intercultural course.

Note: Please see department advisor for explanation of all program requirements, a list of recommended classes, and for assistance with creating an academic plan for graduation.

Note: If a student has completed an associate degree through another institution, the required general education courses may be waived.

Note: Students would need to pass ENGL 1010 Introduction to Academic Writing CC or ENGH 1005 Literacies and Composition Across Contexts CC and ENGL 2010 Intermediate Academic Writing CC with a C+ or higher as prerequisites for the Psychology Bachelor degree courses.

## Graduation Plan

This graduation plan is a sample plan and is intended to be a guide. Your specific plan may differ based on your Math and English placement and/or transfer credits applied. You are encouraged to meet with an advisor and set up an individualized graduation plan in Wolverine Track (<http://www.uvu.edu/wolverinetrack/>).

### First Year

Semester 1		Credit Hours
ENGL 1010 or ENGH 1005	Introduction to Academic Writing CC or Literacies and Composition Across Contexts CC	3
HLTH 1100 or EXSC 1097	Personal Health and Wellness TE or Fitness for Life TE	2
Language Course 1010		3
Math GE		3
Social Science GE (PSY 1010)		3

---

**Credit Hours** **14**

### Semester 2

ENGL 2010	Intermediate Academic Writing CC	3
Physical Science GE		3
Biology GE		3
PSY 2020	Psychology as a Science and Profession WE	3
Language Course 1020		3

---

**Credit Hours** **15**

### Second Year

#### Semester 3

PHIL 2050	Ethics and Values IH	3
Third Science		3
Elective		3
PSY 3110	Statistics for the Behavioral Sciences	4
Elective		3

---

**Credit Hours** **16**

#### Semester 4

Fine Art GE		3
Humanities GE		3
American Institutions GE		3
PSY 3030	Research Methods for Psychology WE	4
Psychology Foundations Course		3

---

**Credit Hours** **16**

### Third Year

#### Semester 5

Psychology Foundations Course		3
Elective		3
Elective		3
Upper-division Elective		3
Upper-division Elective		3

---

**Credit Hours** **15**

#### Semester 6

Psychology Foundations Course		3
Individual Differences Course		3
Advanced Psychology Course		3
Upper-division Elective		3
Language		4

---

**Credit Hours** **16**

### Fourth Year

#### Semester 7

Advanced Psychology Course		3
Upper-division Elective		3
Upper-division Elective		3
Language		4
Elective		3

---

**Credit Hours** **16**

**Semester 8**

Advanced Psychology Course	3
Upper-division Elective	3
Upper division Elective	3
Upper-division Elective	3
<b>Credit Hours</b>	<b>12</b>
<b>Total Credit Hours</b>	<b>120</b>

## Program Learning Outcomes

1. Critically analyze quantitative data in order to draw empirically supported conclusions about human behaviors.
2. Write in a professional manner, defined as a mastery of the mechanics of basic writing, the conventions of professional writing (e.g., conforming to a publication style), and the ability to produce a coherent argument.
3. Interpret, design, and evaluate psychological research.
4. Demonstrate a critical understanding of the impact of societal inequality and oppression on psychological processes.