

# Exercise Science and Outdoor Recreation

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The Exercise Science and Outdoor Recreation department is in the College of Science. To find the most up-to-date information, including Program Learning Outcomes for degree programs offered by the Exercise Science department, visit their website (<https://www.uvu.edu/exercisescience/>).

- Exercise Science and Outdoor Recreation - Exercise Science Emphasis, B.S. (<https://catalog.uvu.edu/science/exercise-science-outdoor-recreation/exercise-science-outdoor-recreation-emphasis-bs/>)
- Exercise Science and Outdoor Recreation - Outdoor Recreation Management Emphasis, B.S. (<https://catalog.uvu.edu/science/exercise-science-outdoor-recreation/exercise-science-outdoor-recreation-management-emphasis-bs/>)
- Exercise Science and Outdoor Recreation, A.S. (<https://catalog.uvu.edu/science/exercise-science-outdoor-recreation/exercise-science-outdoor-recreation-as/>)
- Exercise Science, Minor (<https://catalog.uvu.edu/science/exercise-science-outdoor-recreation/exercise-science-minor/>)
- Outdoor Recreation, Minor (<https://catalog.uvu.edu/science/exercise-science-outdoor-recreation/outdoor-recreation-minor/>)