

# Outdoor Recreation Management, A.S.

Visit the Exercise Science and Outdoor Recreation Department page (<https://www.uvu.edu/college-of-science/exercise-science/>) for more information on the program and access to advising.

## Program Description

The Outdoor Recreation Management, AS provides students with foundational knowledge and skills essential for pursuing employment in the outdoor recreation and tourism industry or continuing their education in a bachelor's degree program. This program introduces students to outdoor recreation, leadership, risk management, and program planning, thus preparing graduates for entry-level roles or further academic study in the field.

## Program Requirements

Code	Title	Credit Hours
<b>Total Credit Hours</b>		<b>60</b>
<b>General Education Requirements</b>		<b>30 Credits</b>
ENGL 1010 or ENGL 1005	Introduction to Academic Writing Foundations of Academic Writing	3
ENGL 2010	Intermediate Academic Writing	3
STAT 1040 or STAT 1045 or MATH 1050 or MATH 1055	Introduction to Statistics (recommended for Social Science majors) Introduction to Statistics with Algebra College Algebra College Algebra with Preliminaries	3
Complete one of the following:		3
HIST 2700 & HIST 2710	US History to 1877 and US History since 1877 (6)	
HIST 1700	American History (3)	
HIST 1740	US Economic History (3)	
POLS 1000	American Heritage (3)	
POLS 1100	American National Government (3)	
Distribution Courses:		
Biology		3
Physical Science		3
Personal, Professional, and Civic Growth		3
Humanities Distribution		3
Fine Arts Distribution		3
Social/Behavioral Science		3
<b>Discipline Core Requirements</b>		<b>10 Credits</b>
REC 1500 or REC 1580	Canoeing I Kayak Touring	1
REC 1535	Backpacking	1
REC 1600	Winter Exploration	1
REC 2200	Foundations of Recreation	3
REC 2400	Principles of Experiential Education in Recreation	3
REC 2700	Leave No Trace Trainer	1
<b>Directed Electives</b>		<b>6 Credits</b>
Complete 6 credits from the following:		6
GEO 1050	Geology of National Parks (3)	
ASTR 1070	Cultural Astronomy in Our Lives (3)	
COMM 1020	Public Speaking (3)	

DGM 1110	Digital Media Essentials I (4)	
MGMT 1250	Principles of Leadership (3)	
MGMT 2030	Inclusive Leadership (3)	
BOT 2050	Field Botany (3)	
BIOL 2070	Desert Natural History (3)	
BOT 2100	Flora of Utah (3)	
ACC 2110	Principles of Accounting I (3)	
COMM 2110	Interpersonal Communication (3)	
COMM 2120	Small Group Communication and Decision Making (3)	
ACC 2250	QuickBooks and Small Business Accounting (3)	
GIS 2800	Geographic Information Systems (3)	
REC 2600	Principles of Outdoor and Adventure Education (3)	
<b>Elective Requirements</b>		<b>14 Credits</b>
Any 1000-level course or higher		14

## Graduation Requirements

1. Completion of a minimum of 60 semester credits.
2. Overall grade point average of 2.0 (C) or above. (Departments may require a higher GPA.)
3. Residency hours -- minimum of 20 credit hours through course attendance at UVU.
4. Completion of GE and specified departmental requirements.

## Graduation Plan

This graduation plan is a sample plan and is intended to be a guide. Your specific plan may differ based on your Math and English placement and/or transfer credits applied. You are encouraged to meet with an advisor and set up an individualized graduation plan in Wolverine Track (<http://www.uvu.edu/wolverinetrack/>).

### First Year

Semester 1		Credit Hours
ENGL 1010 or ENGL 1005	Introduction to Academic Writing or Foundations of Academic Writing	3
Humanities Distribution		3
American Institutions		3
REC 1535	Backpacking	1
REC 2200	Foundations of Recreation	3
Elective		1
<b>Credit Hours</b>		<b>14</b>

Semester 2		Credit Hours
STAT 1040 or STAT 1045 or MATH 1050 or MATH 1055	Introduction to Statistics or Introduction to Statistics with Algebra or College Algebra or College Algebra with Preliminaries	3
ENGL 2010	Intermediate Academic Writing	3
Biology Distribution		3
REC 1600	Winter Exploration	1
REC 2400	Principles of Experiential Education in Recreation	3
REC 2700	Leave No Trace Trainer	1
Elective		1
<b>Credit Hours</b>		<b>15</b>

### Second Year

Semester 3		Credit Hours
Physical Science		3
Personal, Professional and Civic Growth		3
Directed Elective		3
Elective		3
Fine Arts		3
REC 1500 or REC 1580	Canoeing I or Kayak Touring	1
<b>Credit Hours</b>		<b>16</b>

**Semester 4**

Directed Elective	3
Social, Behavioral Science	3
Elective	3
Elective	3
Elective	3
<b>Credit Hours</b>	<b>15</b>
<b>Total Credit Hours</b>	<b>60</b>

**Program Learning Outcomes**

1. Apply critical thinking to make decisions based on evidence, considering multiple perspectives and real-world outdoor education situations.
2. Evaluate and reflect on the effectiveness of engaged learning experiences in supporting skill development and personal growth.
3. Demonstrate effective communication by presenting ideas clearly in oral, written, and digital formats, collaborating with peers and professionals, and giving and receiving constructive feedback.

**First-line supervisors of entertainment and recreation workers, except gambling services**

- Total Positions 123,300
- Field Growth 9.1%
- Median Salary \$46,060
- Average Openings 14.4

**Recreation workers**

- Total Positions 300,000
- Field Growth 5.5%
- Median Salary \$34,410
- Average Openings 63.7